Hello runners and walkers!

 We’re very much looking forward to seeing you on Sunday for our Walton Hall 10k fun run / walk and just wanted to email you with some final details.

**ARRIVAL & REGISTRATION**

Registration opens at 8.45am with the run starting at 10am. Please allow plenty of time to register and collect your race bib. Pre-registered runners will be electronically timed.

This year, registration and the start / finish line will be on the field to the side of the hotel, marked with a green circle on map below

**Please arrive and depart along the main hotel entrance, Jubilee Road, off Friz Hill, parking around the modern side of the hotel**. This is marked in yellow on the map.

Please **avoid** the Walton Road entrance and the tree-lined driveway leading up to the original building, marked in red on the map.

**THE ROUTE**

This is a circular route, starting and finishing at Walton Hall, and is well-marked with marshals to guide you. There are sections of road but much of the route is off-road. Unlike last year’s mud, the ground is currently dry. Please do be aware that the off-road sections are undulating and through fields and woods. Please remain on the route, particularly when passing through fields with livestock.

**OTHER INFORMATION…**

Dogs are welcome but must be kept on a lead at all times. Please be mindful of other runners and trip hazards.

Water will be provided at the start / finish line, but not along the route. We’ll also have bacon rolls for registered participants at the finish line and there will be the opportunity to purchase tea / coffee from a mobile van.

The route is not suitable for pushchairs.

If you have any questions at all, please don’t hesitate to email the fundraising team at fundraising@shipstonhomenursing.co.uk

Thank you so much for supporting your local hospice at home charity - see you on Sunday!



