

# SHIPSTON HOME NURSING



Serving Shipston-On-Stour, Wellesbourne, Kineton and the surrounding area



Free home nursing for people with a life-limiting or terminal illness and emotional support for their families and carers

Registered Charity No. 1162586

2024

# EXECUTIVE DIRECTOR'S REPORT

It has been another busy year for us, the key highlights of which we have summarised below

## 2023 at a glance

We supported 164 patients and their families



Our nurses travelled 20,377 miles to visit patients and families



We scheduled over 12,500 nursing and care hours



We supported six GP surgeries with over 46,000 patients

We introduced a new service to 'join up' palliative and personal care



We introduced a new Bereavement Counselling service

With the help of our fantastic volunteers, we raised over £80,000 as a result of community events



216 supporters generously donated £65,000 through our regular donation programme

Although patient numbers have not grown hugely, our level of intervention to provide both nursing and personal care has increased. This allows us to support patients and families closely, enabling us to monitor and manage their care more effectively. Typically, we care for 45-50 patients and families at any one time, all of whom have different clinical, psychological, and emotional needs which are considered and reflected in the care we provide to them.

Our challenge is to ensure that we have sufficient frontline staff to meet the fluctuating needs of our patients. In August 2022

we began to change our staffing model from largely bank staff to contracted staff to minimise unmet need. Judging by the comments and feedback we receive, this has undoubtedly further improved our care.

An increase in care hours from 7,600 to over 12,500 obviously comes at a higher financial cost, but it is an investment that we believe is totally worthwhile.

In August, we were honoured to welcome actor Anton Lesser as our patron. One of the UK's best loved actors, Anton has already fronted our Christmas Appeal and delighted us with

wonderful readings at our carol concert in December. We look forward to continuing our relationship with him and thank him so much for his time.

Our small fundraising and operations team continue to work tirelessly to simultaneously raise and save the money generously donated to us. We need to raise 93% of the funds required to operate the charity annually and feel grateful to be part of such a supportive community.

**Andrew Revell**  
Executive Director

# A MESSAGE FROM OUR CHAIR

**My sincere thanks go to our dedicated team of staff, volunteers, and the generous support of our donors.**

Patient numbers continue to grow, with the level of care and intervention provided by us increasing exponentially. Our Bereavement Counselling Service, launched in April 2023, has allowed us to provide psychological and emotional support to patients and relatives at the most challenging time of their lives.

Our fundraising team continues to look for

new, innovative ways to generate income and further develop our awareness in the community so that our service is well known and accessible to all adults facing incurable illness. Thank you all again for your support. I wish you a happy and healthy year ahead.

**David Morris**  
Chairman of Trustees



## NURSE MANAGER'S REPORT

**The Nursing team has grown over the last year and I feel incredibly proud to be part of such an exceptional team.**

Our new team members have ensured we can continue to provide amazing care to more people in our community. The nurses in our team hold a unique set of values and truly care about patients, families and our community as a whole. This has been demonstrated by our collaboration with

Stour Health and Wellbeing Partnership. Using their already well-established warm hub we have created a SHN led group, providing soup, support and information. This is open to everyone, so please mention it to anyone you may think might benefit from it.

We continue to work closely with our NHS and Warwickshire Hospice partners to ensure that care and support is equitable across our county. This cross-organisational approach allows every patient to receive person centred care exactly when and where they need it. The standard of our nursing care and support to families is high and we have recently improved this offer by having a bereavement

counsellor join our team. Initially bereavement counselling was offered to patients and families of our patients but more recently we have trialled opening up this service to the local community by accepting referrals from Shipston Medical Centre, we hope to expand this to other medical centres in future.

I would like to take this opportunity to thank the nursing team for all their hard work and commitment to SHN and to thank our local community and supporters. Without the dedication of our fundraising team and volunteers we would not be able to provide and expand our valuable service.

**Gemma Roberts**  
Head of Nursing Services



# JENN'S STORY

**This is Jenn's story, as told by her husband Laurie. We are extremely grateful to Laurie for sharing this with us.**

"Jenn was diagnosed with a cancer too far advanced to be treatable in early July 2022. Very shortly afterwards, we were referred to Shipston Home Nursing. One of the coordinators came round to tell us about the options they offer, which were much more comprehensive than we had ever imagined. These cover everything that a terminal patient and their family could need. Importantly, we were then left to call on SHN once we felt the time was right.

Initially there was one visit a day which, bizarrely, soon became something to look forward to. The nurses were always cheerful, quickly became friends and, so importantly, built an excellent relationship with Jenn. The nurses were always tender and gentle with her and unquestioningly respected her wishes. None of us ever felt there was any time pressure during their visits.

When the nurses saw a need for any aids, they mentioned this but did nothing until we asked for what they had suggested.

The time came when, as Jenn

became less mobile, the possible need for a second visit each day was mentioned. We thought about this for a very short time and asked for it to happen. The final stage was the need for night sits. Again, just a suggestion, a reminder of what was available: we knew the nurses were right and for the final week a nurse was with us every night. SHN worked closely with Marie Curie to achieve this.

The nurses always took time to ensure that the rest of the family was coping with the situation, to help and to counsel us. If we had questions, they were answered thoughtfully and truthfully. Truly, SHN treats the whole family as their patient.

Quite simply, none of us, not Jenn nor Kate (my daughter), Alan (my son in law), George (my grandson) or I could have coped without SHN. If there was an urgent need, a phone call would lead to someone coming as quickly as possible.

If, in these circumstances, the word "lucky" can be used, then we were very lucky. Jenn's

illness was relatively short, she was never in pain, we are a mutually supportive, closely knit family living within a few minutes of each other but, above all we were lucky in having SHN available. There is no equivalent in most places. We can never thank them enough for the way they eased Jenn's last few weeks and made everything so much more bearable for her and the rest of her family.

Jenn died on October 9th 2022. The nurses still come round to see how we are coping. Thank you so much to SHN and everyone there with whom we came into contact."



## 100 CLUB REPORT

**Thank you to all our Shipston Home Nursing 100 Club members who have helped us raise valuable funds over the course of the year.**

Our 100 Club is such a simple way of supporting the charity. Each month we draw a number from all those registered and the owner of that number wins half the prize pot, the remaining going to Shipston Home Nursing. So, if we sell 100 numbers,

you could win £100 and SHN will receive £100 too! It costs just £2 a month per number, and you can pay by standing order. **It's so easy to sign up, either scan the QR code here or e-mail Allison at: [fundraising@shipstonhomenursing.co.uk](mailto:fundraising@shipstonhomenursing.co.uk)**





# TRUSTS & GRANTS

With increased running costs, it is vital that the charity continues to grow its income from trusts and grant making organisations. In 2023, we received grants from a wide range of local and national trusts and foundations and we are very grateful for their support. We also wish to thank the local Parish Councils who have donated to the charity this year. Funds raised go towards covering nursing costs and SHN's specialist bereavement counselling service.

**If you know of any trusts or grant making organisations who would consider supporting Shipston Home Nursing, please contact me**

[jo.sweby@shipstonhomenursing.co.uk](mailto:jo.sweby@shipstonhomenursing.co.uk)

**Jo Sweby**

Trusts and Grants  
Fundraising Manager



# FUNDRAISING

**Whether we're packing up the van for a pop up shop or Christmas fair, visiting local supporters or planning events in the office, no two days are ever the same!**

The constant thread is our determination to raise funds for this exceptional charity, and

to increase awareness of the service within the community. 2023 saw a steady stream of fundraising events alongside longer-term projects to support SHN.

diary dates can be found online and on page 14) and always appreciate any feedback to [fundraising@shipstonhomenursing.co.uk](mailto:fundraising@shipstonhomenursing.co.uk)



If you volunteered, donated, supported or fundraised for us in 2023, Allison and I thank you very much indeed. We may be small, but we are mighty, and so well supported by enthusiastic, talented volunteers and generous local businesses. We hope to see you this year (our

As donations reach us through so many different channels, it becomes increasingly challenging to list all our supporters by name. We are enormously grateful to our regular givers, one-off donors, community supporters, trusts, parish councils, fundraisers and those who leave legacies in their wills. Thank you.

**Kate Bamford**

Head of Fundraising & Communications

**We keep our postal costs to a minimum by communicating by email as much as possible. If you would prefer to receive this newsletter through the post, please email us, or call 01608 664850.**

# MERCHANDISE & WALK BOOKS

Thank you to everyone who joined our SHN walks this year and to all pubs and shops who stock our '20 Walks in Shipston County'. Special thanks go to Elizabeth, Richard and John for organising the monthly walks.

Candles and diffusers were a new introduction to our SHN merchandise this year, with a new range launched for spring. Choose from 'Moroccan Rose', 'Sea Salt & Spray' and 'English Lavender & Bergamot'. Candles are made with naturally sourced soya and rapeseed oil wax blend, with high quality perfume oils.



## 2023 EVENTS RUNDOWN

It was an action-packed year for our fundraising team, with a host of wonderful events. From pop-up shops to quiz evenings and carol concerts, thank you to all those who have supported us this season.



### Pop up Shop

We held our 'pre-loved' pop up shop in February, once again in the perfect room at the back of The White Bear. We raised £3773. Thank you to our wonderful volunteers – Nicola, Jane, Jules, Joanna, Sophie, Liz and Ginnie. We really couldn't have done it without you! Thank you also to The White Bear for giving us the use of their room, and to Shiptons Jewellers in Stratford who donated a beautiful selection of jewellery.



### ABC Day Nursery

ABC Day Nursery in Telford raised £117.60 through an Easter raffle, games and staff bake-off.

Special thanks to Leanne at Sweet Little Things bakery for donating a beautiful cake as the main raffle prize.



## Tysoe WI

On 5th April, Jo and Kate were invited to Tysoe WI where they were presented with £1180 raised from raffles and the WI Craft Club. This makes the money raised by Tysoe WI for Shipston Home Nursing in 2023 a magnificent £1540. Our enormous thanks to Eileen, the President of Tysoe WI, and the ladies of Tysoe WI



## Walton Hall Fun Run

After a week of rain, the sun finally shone for our annual 10k run / walk at Walton Hall in Wellesbourne. We were delighted to see 220 runners and walkers cross the start line. This event couldn't take place without our wonderful volunteers who manage the registration, marshal the route, set up our marquee and help us pack down and, of course, the fabulous Gilda Gardner who plans and manages the route and had to do a last-minute re-route due to excessive mud!

Thanks also go to our sponsors – Forsyth Farmwork, Fred Hutsby and Warwick Sports Shop – to Voneus Broadband, our headline sponsor and to Shipston Co-op for donating all our bottled water. Finally, thank you to the amazing team from Sheldons who were, once again, our top fundraisers. We raised £9756.

## The Tartan Fling

This fun Scottish Reeling party for teenagers took place at Townsend Hall in Shipston on 6th April, donating £2418.53 to SHN. We are most grateful for their ongoing support.



# 2023 EVENTS CONTINUED



## Plant Sales

The 2023 Plant & Home Produce took place in 12 villages, raising a magnificent £9369. Special thanks go to all the wonderful stall holders and helpers, and to Fudge Ramsey who sourced and distributed many of the incredible plants. We would also like to thank Irene Rockett who grew 160 plants and baked 150 gingerbread men for us! And, of course, a huge thank you to Lindsey and Pat who grow and sell plants for us all year round in the pretty garden of the Insomnia Coffee Shop in Ettington.



## National Garden Scheme, Ilmington

Thank you to all participants and visitors of the National Garden Scheme in Ilmington. They raised a magnificent sum this year and so generously donated £2,654.50 to Shipston Home Nursing.



## George Wilkes Cello Recital

On Friday 16th June, we were blessed with a beautiful sunny evening for our cello recital with George Wilkes, accompanied by pianist Lynn Arnold at the picturesque Butlers Marston church. George was performing in memory of his grandmother, Jenn Grove. The church was full and we had the most wonderful evening, raising just over £2000 for Shipston Home Nursing. Our thanks to George and to Laurie, Kate and Alan for their ongoing support of Shipston Home Nursing.



## Shipston Excelsior Golf Day

Allison and Kate had a great day running the Champagne tent at the Shipston Excelsior FC Golf Day at Feldon Valley on the 6th June. A huge thanks to SEFC for their generous donation of £500 to Shipston Home Nursing.





## Wolf Run

The annual Wolf Run at Offchurch Bury was as busy as ever. Thank you to all those who helped us run the Bag Drop – it's great fun but hard work! This year, we also entered a Junior Wolf Run team who raised £1285. We're so proud of them all. Alongside the £1200 received from the Wolf Run organisers, this event raised a grand total of £2485.



## Butterfly Walks at Blackberry Farm

Richard Gray so kindly invited people to walk around the beautiful countryside surrounding Blackberry Farm, throughout the month of July. Unfortunately, the weather wasn't on our side this year, although there were more butterflies than ever! Richard raised £760 and we are enormously grateful for his ongoing support.



## August Village Shows

August saw a flurry of village shows. This year we were at Tysoe, Ilmington and Brailes show. Thank you so much for having us, and for your continued support of the charity.

# 2023 EVENTS CONTINUED

## Burmington Grange – National Garden Scheme

We spent a wonderful afternoon at Burmington Grange on Sunday 10th September. Torrential rain stopped five minutes before the gardens opened, and the sun shone for the rest of the afternoon. Vanessa and Caroline were our wonderful helpers, serving delicious cakes and tea with Kate and Allison, and we raised £561 for Shipston Home Nursing. Our enormous thanks to Fudge and Patrick Ramsay for inviting us and to all those who donated home made treats for us to serve.



## Feldon Valley Golf Day

The sun shone for us this year at Feldon Valley on the 15th September. We couldn't have been more fortunate with the weather, or the company! 15 teams took part this year and we raised a ground-breaking total of £5581. Our thanks go to our fantastic volunteers, in particular Andy Nabbs and Les Hardiman who organise the event for us. Thank you also to our donors and sponsors. Can we get to 18 teams next year?

## Pop Up Shop

We had another fantastic three days at The White Bear in October, raising £3640 for Shipston Home Nursing. Thank you to volunteers Jane, Nicola, Joanna, Caroline, Jules and Sophie for all their help – we just couldn't do this event without you! Thank you also to Emma at The White Bear for all her support of Shipston Home Nursing over the years.

## Idlicote Quiz

We were delighted to attend the Idlicote Quiz Night on Friday 7th October raising money for SHN and the Friends of Idlicote Church. A grand total of £683 was raised for us! Our thanks go to Kari Dill and her team for organising such a lovely evening, and to the Miesegaes' for hosting.



## Tysoe Post Office

Thank you to Tysoe Post Office and the talented stall holders who hosted an autumn pop up on the 22nd September, raising money for SHN. We very much appreciate your support.

## Moda Rosa Designer Sale

What a treat to be joined by Moda Rosa again this year for their annual designer sale at Darlingscott Farm. As ever, the clothes were beautiful with some incredible bargains to be had, and SHN benefited from 10% of the sales as well as tickets on the door, raising £1751. Thank you to Moda Rosa and to Maggie and John Sargent for so kindly hosting this event.

## Coffee morning at The Black Horse, Moreton Morrell

On 11th November, a coffee morning at The Black Horse in Moreton Morrell raised funds for SHN, selling coffee and cake alongside books and our Christmas cards. It was so kind of them to think of us and they raised £358.17.





### Christmas Gift Fair

We were back at Ettington Community Centre in November, with a wonderful mix of new stalls and familiar faces selling beautiful things. It was a treat to be joined by Shakespeare Kitchen this year who served delicious canapes on 'opening night'. This event couldn't take place without our amazing volunteers who help us set up, marshal the car park, make soup, bake cakes, run the tombola etc! This year's fair raised a magnificent £6200 for SHN.



### Kineton Victorian Evening

This really felt like the start of the festive season for us. Gemma and Kate enjoyed a lovely evening in Kineton, with a stall in between the WI and the Guides! We ran our tombola, sold some merchandise and enjoyed chatting to the lovely people of Kineton. We raised £120 – thank you for having us!

### Knit and Natter in Oxhill

The Knit and Natter ladies of Oxhill raised an incredible £436.75 at their November 'Made in Oxhill, Pop-Up Arts and Crafts shop.' Thank you so much for your support.

### Shipston Victorian Evening

Allison and friends enjoyed a lovely evening in Shipston, listening to the local choirs and getting into the Christmas spirit. We ran our tombola, sold merchandise and enjoyed chatting to lots of people. We raised £220.



### Ray Luker

Every year, Ray adorns his house with Christmas lights, raising money for us. This year he raised a magnificent £237.05. We are enormously grateful to Ray for his continued support.

### Art in Darlingscott

Local artist Sandra Holstead held a pottery sale on the 3rd of December, in aid of Shipston Home Nursing, raising £2200. Thank you so much Sandra for your support.

### Christmas at Primrose Hill Farm

We were thrilled to join the Primrose Hill Farm team at their Christmas Fair. Our SHN stall raised over £150, we met lots of lovely people and felt very festive! Thank you to Primrose Hill Farm for your support.

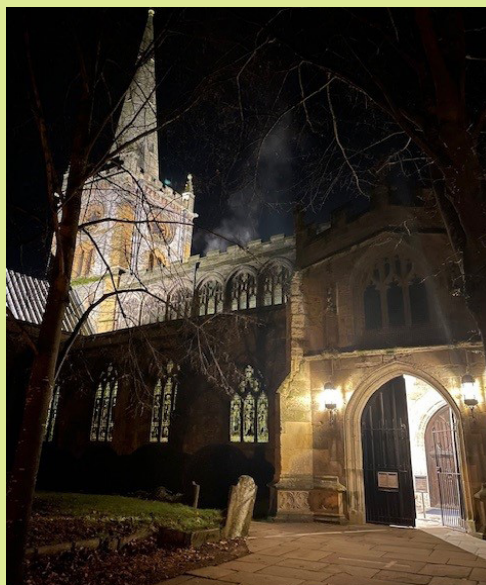


### Warwickshire Christmas Trees

Over the festive season Warwickshire Christmas Trees supported SHN, raising £365.15. Thank you so much for your continued support.



# 2023 EVENTS CONTINUED



## Strictly Come Carolling

A new event for us, Saturday 2nd December saw 'Strictly Come Carolling' at Holy Trinity church in Stratford upon Avon. We were joined by musical director Julian Harris, soprano Mollie Smith, organist Adrian Moore and our patron, Anton Lesser, who read from Dickens' 'A Christmas Carol'. Over 320 supporters formed the congregation, and 40 fabulous singers joined the event for a 'one night only' choir, including children from Alcester Grammar School. Sip n Swig served drinks on arrival and in the interval. The event was shared with The Royal Orthopaedic Charity, raising over £4000 for each charity.



## Craft Fair at Brailes Village Hall

Friday 8th December saw our very first craft fair at Brailes Village Hall. Talented stall holders joined us for a day of festive cheer, and we raised over £1200 for SHN through our tombola, raffle and 'cafe'. Thank you to Nicola, Bridget, Ginnie, Caroline, Jane, Heidi, Jules and Debbie for all their help, and thank you to Paddock Farm who donated THE most delicious hot sausage rolls!

## Thank you to all the wonderful people who have supported us this year, including:

Elizabeth, Richard and John for hosting our monthly walks.

Olga Satterly and her team who host stalls at all our events, selling products to raise money for SHN. They raised £1717 for Shipston Home Nursing in 2023!

Hannah Porter for designing beautiful Christmas cards again for us this year.

Susan Taylor at The Driftway, who holds a year-round sale outside her home.

Robert Harper for helping us with the ongoing sales of SHN walk books.

Deborah Williams who donates the beautiful Tulipa Armscote bulbs, giving all proceeds to SHN. This year, Tulipa Armscote raised £2622. Thanks also go to Taste of the Country, Ilmington Community Shop, The Cottage Garden Florist and Whichford Pottery who so kindly sell the bulbs for us.

David Hancock who sells items for us at his auctions in Brailles, donating the funds to SHN.

Lindsey, Pat and the green-fingered team who nurture and sell plants in the garden behind Insomnia Coffee in Ettington. This year, they have raised nearly £8,000 for Shipston Home Nursing. Our thanks also to Insomnia Coffee for the use of their beautiful garden.

Tania Llewellyn and her daughter Rose, who donate 10% of the sales from their studio throughout the year.

Rosie Gough and friends who raise money through their collection tin.

E.H Spencer, Richard Harvey, Mrs Browns Tea Room and The Shipston Therapy Centre who support us throughout the year through the sale of merchandise. Thank you also to Sheldons Wine Cellars, The Howard Arms, Taste of the Country, The Bower House, the



The fabulous Kilimanjaro adventurers, Paul, Jess and Natalie who raised £5003 for Shipston Home Nursing and Myton Hospice – what an amazing feat!

Red Lion in Long Compton, Turners of Shipston and Hoar Cross Hall. Co-op and Tesco in Shipston on Stour through gifts in kind.

Whichford Pottery who donate a percentage of the sales of their Bee Pot. Cotswold Turophiles for their kind donation of £511.

Percy Sewell for all his help with our collection tins.

Rebecca and Fred Mawle for their ongoing support.

Thank you to Think Design & Print for their ongoing support



# UPCOMING EVENTS IN 2024

## Walton Hall 10k Fun Run

Sunday 28th April  
Walton Hall CV35 9HU

## Fashion Event

Thursday 2nd May  
Primrose Hill Farm

## Tabletop Plant and Home Produce Sales

Saturday 11th / Sunday 12th May  
Various local villages

## Tour d'Ilmington

Sunday 30th June  
Ilmington Playing Fields

## Golf Day

Friday 20th September  
Feldon Valley, Brailes

## Christmas Gift Fair

Tuesday 19th and Wednesday 20th November  
Ettington Community Centre

## Strictly Come Carolling

Saturday 7th December  
Holy Trinity Church, Stratford Upon Avon

## Christmas Craft Fair

Friday 13th December  
Brailes Village Hall

...and more events to  
come throughout the year



SCAN ME FOR LATEST EVENTS

Dates correct at time of going to print. For further information, visit  
[www.shipstonhomenursing.co.uk/events](http://www.shipstonhomenursing.co.uk/events) or contact the fundraising team on  
01608 664850



# OUR COMMUNITIES

Our care is available to those people living within the areas marked on this map.

If you need our help please contact the Nursing Team on 01608 664850



 - Our partner GP Surgeries



# SHIPSTON HOME NURSING DONATION FORM

Name(s):

Address:

Postcode:

E-mail:

Telephone:

## Donation details

Please find enclosed a donation of £  to Shipston Home Nursing

**Gift Aid helps your donation go further.**

If you are a UK taxpayer, you can increase the value of your donations to us by 25%,  
at no extra cost to yourself!

*giftaid it*



Please tick if you would like us to reclaim the tax back on any personal donations you have made in the last four years or any donation to be received in the future. Thank you.

I understand that if I pay less Income Tax and/or Capital Gains tax than the amount of Gift Aid claimed on all my donations in that tax year then it is my responsibility to pay any difference.

If your donation is in memory of someone or was raised through an event, please provide details below.

**Thank you**

Please send me further information on:



Donating monthly



Leaving a gift in my will



SHN 100 Club

If you would like to make an online donation our bank details are:

Bank: Lloyds

Sort code: 30-98-26 Account Number: 01665317

Reference: Newsletter

**Please return this form to: Fundraising, Shipston Home Nursing, Suite 7B,  
50 Stratford Road, Shipston on Stour, Warwickshire, CV36 4BA.**

We would like to keep you informed about the work of the charity and upcoming events through our e-newsletter. If you are happy for us to keep in touch, please tick this box.

