

PRESS RELEASE

Date: 27th July 2022

The Virtual 2022 TCS London Marathon – Do it Your Way!

If you missed out on a place in this year's TCS London Marathon, local charity, Shipston Home Nursing, has **three free places** for the Virtual 2022 TCS London Marathon. In exchange, we ask participants to raise £500 – the equivalent of funding the salary costs of a nurse to provide 20 hours of end-of-life nursing care.

Take on the 26.2 miles your way, choosing your own route, at any time between 00:00 and 23:59 on Sunday 2nd October 2022. Complete the distance in stages, with friends, at your own pace, in fancy dress or even on holiday! Those who complete the marathon will earn the coveted finisher's medal and souvenir New Balance T-shirt.

Rebecca Mawle, Head of Community Fundraising, said: "The beauty of the virtual event is that participants can still embrace everything the UK's most popular race stands for: fun, fundraising, fancy-dress and amazing community spirit, but they have more flexibility. Last year, our supporter, Mandy, took part in the virtual event and was joined by lots of friends who helped her over the finish line. Please get in touch if you fancy this challenge."

For more information or to register, visit <u>www.shipstonhomenursing.co.uk/event/virtual-</u> <u>london-marathon</u> or email fundraising@shipstonhomenursing.co.uk Latest press releases and flyers can be found online at www.shipstonhomenursing.co.uk/press

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Shipston Home Nursing is a local charity, caring for patients with illnesses which do not respond to curative treatment and who wish to be nursed at home. Their nursing services are managed through a team of Registered General Nurses specialising in palliative care, and Health Care Assistants. The organisation cares for the family in their own homes throughout the period of their illness.