

SHIPSTON HOME NURSING

We Care

MARCH 2022

SERVING SHIPSTON-ON-STOUR, WELLESBOURNE, KINETON AND THE SURROUNDING AREAS



25
ANNIVERSARY
1997 - 2022
25 YEARS NURSING THE
COMMUNITY

FREE HOME NURSING FOR PEOPLE WITH A LIFE-LIMITING OR TERMINAL ILLNESS
AND EMOTIONAL SUPPORT FOR THEIR FAMILIES AND CARERS

EXECUTIVE DIRECTOR'S REPORT Andrew Revell

Welcome to our 2022 newsletter.



After the pandemic began doing its damage in March 2020, phrases like, 'this can't last for ever', 'next year will be better', 'we'll get through this' were all too familiar. Our 'Battle of Britain Spirit' did its best to improve the UK's positivity despite the high human cost we have witnessed via the media or more sadly, closer to home within families and friends.

Whether the pandemic has affected you directly or otherwise for many of us the last two years has been a life changing experience which has possibly impacted our outlook on life and probably impacted our routines both at work and at home. Shipston Home Nursing has continued to operate despite the pandemic. Luckily we have so far escaped the impact of the virus on our staff who have continued

to operate as normal with relevant PPE and infection control protocols. During the twelve months to 30 June 2021, we cared for 215 patients, an increase of 28 patients on the previous year. Often the complexity of the illnesses our patients had were more severe, possibly due to the lock-down impact delaying the availability of some treatments. We continue to encourage people to meet us as soon as they are diagnosed with an incurable, life limiting illness. Psychologically, it is a big 'step' to accept help from a Hospice but please be assured that the level of our involvement is tailored to the specific needs and wishes of the individual patient and our approach is very much 'step by step'. If a member of your family or a friend needs our services, please reach out to us.

Day to day we continue to work

closely with our GP practices and the community nursing teams to ensure care is carefully planned and its delivery well-coordinated. Care in the community is truly a team effort and the NHS long term plan has the ambition for health and care to be joined up locally around people, with a strong focus on stakeholder collaboration. A recent practical example of this is the culmination of an eighteen month technology project so that patient notes and treatment plans can be accessed by relevant authorised healthcare users to improve the delivery of care through accurate, real-time data.

Income for our financial year to 30 June 2021 was £680,854, more than 2020 due to the incredible and humbling generosity of our supporters, one of whom gifted a property to us. Additional grant income was also received from the Central Government Covid support fund. Expenditure was marginally lower than for the previous year partly due to lower staff costs of raising funds.

Improvements in the pipeline for this year include the strengthening of our Bereavement Care Services to include Counselling in addition to Support. We are fortunate to now be working with Anna Trye who has many years' experience of supporting bereaved families both independently and through the charitable organisation CRUSE. We will also improve the way of communicating with you by trying to be more specific and relevant with the information we

send to you and would therefore ask you to complete the enclosed form and return it to us in the enclosed envelop to help us to do this more effectively.

I also wanted to share with you some 'people' changes: Our chairman, Dr Clive Irwin has decided to retire after some 7 years at the helm of the charity but has agreed to support his successor for a period, when that appointment is made. Clive has been a hugely supportive chair to us all and instrumental in getting us to where we are today. Rebecca Mawle will also retire towards the end of this year having spent 25 years supporting and working with us. Her commitment and energy in developing our profile and maintaining the support and goodwill we have, has been truly inspirational and we are determined to keep her involved in some way in the future.

Both Clive and Rebecca will leave with our thanks and gratitude for their contributions and we'll let you know who will replace them in due course.

Finally, my thanks go to our supporters, volunteers, staff and trustees who are unflinching in their efforts and commitment to ensure we provide the best services possible to families that need our care and support.

Very best wishes

Andrew Revell
Executive Director



25
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25 YEARS NURSING THE
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Party in the Park

17th July at Alscot Park

See www.shipstonhomenursing.co.uk for more details

The banner features a large green '25' with 'ANNIVERSARY 1997 - 2022' and '25 YEARS NURSING THE COMMUNITY' written inside and around it. To the right, there are several colorful balloons in shades of red, orange, purple, and yellow against a light blue sky background.

Front cover photograph: Credit Mark Williamson/ Stratford Herald

A MESSAGE FROM OUR CHAIRMAN Clive Irwin

It feels slightly strange to be writing what will be my last annual update as Chair of Shipston Home Nursing. It has been an honour and privilege to be associated with the Charity over many years, the latter half as Chair of Trustees. I have been very fortunate to have worked alongside professional and dedicated nursing staff, enthusiastic and committed Trustees, and our fundraising team who have been outstanding. I would like to take this opportunity to thank operational and fundraising teams for their support during some testing and changing times.

It would be foolhardy to try and name individuals at the Charity, but special mentions need to go to Charlie Wells our founder whose passion, energy and stewardship has undoubtedly helped us to get to where we are today. Also to my wife Sarah who is long suffering but never fails to deliver, and has been a great support to me and the Charity during what has been a large part of our lives in Warwickshire.

Advertising for a new Chair is currently ongoing and anyone interested or seeking further information would be very welcome to make contact by email or phone. Further details are on the website. Suffice to say the Charity is in a strong position with an excellent Nursing team led by Gemma Roberts, and Operations headed up by Andrew Revell, our CEO. The loyalty shown to us by our community supporters during lockdown and Covid has been both humbling and motivating.

In terms of activity, the Nursing team have risen to the challenges of Covid. Referral numbers have varied during the Covid journey, but in the last three months, the team have looked after twenty

four people who have died, the majority doing so in their own homes.

Our relationships with the Shipston District Nurses continue to work well so that we contribute to a truly joined up healthcare system.

Training alongside other agencies is developing across the county and is occurring in parallel with a more collaborative approach to palliative and End of Life care across Warwickshire to ensure equity of care and access. Other local Charities including Shakespeare, Myton and Mary Ann Evans and Marie Curie are all involved within a project with NHS commissioners to deliver high quality care equitably across Coventry and all of Warwickshire.

Before concluding, I should mention the current situation with our office accommodation previously at the Ellen Badger Hospital. As I'm sure you are aware the proposed redevelopment of the hospital has meant that all patients and staff have been relocated. We moved to temporary offices in Blackwell in September awaiting



final plans for the Ellen Badger and, or possible alternatives close to Shipston. Working in close proximity with other community nursing teams has demonstrably improved patient care in the past and it is our ambition to continue to do this when we are able to do so. Our ongoing desire is to offer relevant services to patients and families as appropriate to their needs and wishes. This is only possible with the ongoing generous funding support of

our local communities and by exploring other regular income. For ways in which you can support the Charity, please visit our website.

Wishing you all a safe start to 2022, and a return to life without quite so many of the stringent restrictions we have endured over the past 12 months.

Dr Clive Irwin
Chairman of Trustees



My husband was a patient of yours before he passed away in February. I would like to thank you for the care, compassion and professionalism of the Nurses who attended him in the last few days of his life. Both my son and I were fortified by the kind support you offered. Thank you once more for all your help and support.

I cared for Jane for 12 months until she became quite poorly. I had not heard of your wonderful Charity and the valuable service that you provide. I have spoken to several other people about this and hope to spread the word. Thank you all most sincerely.

We wanted to donate as it is nearly twelve months since our father died. We were so very grateful for the wonderful care and help given to us by the Shipston Home Nursing Nurses in his hours of need. We will always be thankful.



NURSE MANAGER'S REPORT Gemma Roberts

I am incredibly proud to be part of such an exceptionally caring and patient focused team, each and every member of staff goes above and beyond for patients and their families.

2021 may have had its challenges with the ever shifting guidance around COVID-19 but the team has not once wavered with the quality of care provided. As like all Health and Social care providers, challenges around protecting vulnerable staff and patients have arisen but not to the detriment of our services, we have in fact grown our services and workforce to support our local community and our NHS colleagues.

Our already highly skilled nurses continue to enhance their skills to allow us to provide a full Hospice at Home service without the need to pull on other services resources. We are proud to work

closely with South Warwickshire Foundation Trust, GPs and other Hospices in the local area to ensure that all patients have access to excellent, seamless, end of life care.

I would like to take this opportunity to thank the nursing team for all their hard work and commitment to SHN and to also thank our local community and supporters. Without the dedication of our fundraising team and volunteers we would be unable to provide this valuable service to our local community.

Gemma Roberts
Head of Nursing Services



SHN 100 CLUB REPORT Hannah French

A huge thank you to all of our Shipston Home Nursing 100 Club members who have helped us raise over £1600 through the last year, despite the continued challenging times. Your membership is truly appreciated!

We currently have 70 active members, with many new players signing up during last year on line, an easier way to join in the 100 club fun during the pandemic!

If you would like to join the 100 Club with a chance to win a cash prize every month, please contact us, or simply download a 100 Club form from our website, complete and send to us.

Sending best wishes to you all, stay safe and well.

Hannah
Enormous thanks Hannah for your time and enthusiasm!



THE SHN 100 CLUB PLAY - WIN - CARE

Join our SHN 100 Club, for your chance to win a cash prize every month and help us raise vital funds for more nursing hours!

It's simple to join and here's how it works.....

- Sign up for the year by completing the joining form in the SHN 100 Club Leaflet, with a cheque for £24 or a completed standing order mandate form.
- You can enter as many times as you like, each entry costing £24 a year, entitling you to 12 monthly draws.
- Each month Shipston Home Nursing will draw a lucky winner to receive a cash prize!
- Our lucky winner will be notified and a cheque will be sent in the post.
- Players must be 16 or over.

Complete the joining form at www.shipstonhomenursing.co.uk

For existing 100 club members, please don't forget to renew your subscription in May 2022

"3 MEN IN A BOAT" Captain William's account

You may recall that last May was pretty wet. So it was a pretty damp and slightly miserable sight to behold when we three vaccinated 'men' (David Williams, Jonathan Davies and I) stood beside the river Thames south of Oxford examining the vessel - an ancient Thames camping skiff named 'Rosalind' that was to be our home for the next five days. Everything, ourselves included, was damp before we had even started! So, faced with this, we simply threw our equipment into "Rosalind" and headed for the nearest pub - masks at the ready. After a recuperative meal and drink we bedded down for our first night aboard, steeling ourselves for the journey ahead.

The next morning we got organised and after a quick breakfast pushed out into the stream - and what a stream it was - the river was very fast and we simply shot under the bridge at Clifton Hampden, past the Barley Mow pub and our adventure had truly begun.

Quite quickly it became evident that we lacked two basic ingredients for a successful rowing crew. Firstly, the idea of all the oars entering and exiting the water at the same time seemed alien to some...as was the ability of some to go more than a few minutes without having to stop rowing and exclaim about an interesting bird (or some such) on the bank. Combined, these factors made for measured, but entertaining, progress!

We soon encountered what was to be the first of many locks - so Jonathan and I quickly elected David as our 'master in charge of locks' being the most practical member of the crew. After an initial unsuccessful attempt which led to the lock-keeper advising David of the need to "put the plug in before turning on the taps", David became a quick learner - swiftly realising that opening and closing the gates in the right order was pretty key to efficient and safe progress.

Our first rendezvous with our wonderful supporters, led by the fabulous force of nature also known as Rebecca Mawle, was at the Beetle and Wedge at Moulsoford, at which we arrived in bright sunshine. After a very enjoyable break the oars beckoned us back to work and we rowed off, leaving civilisation behind, to find a suitable spot to camp for the night.



Over the next few days there followed many highlights as we followed the course of the river past Goring, Pangbourne, Reading, Henley, Marlow and Windsor and towards London - buoyed along the way by the growing number of donations being made and by the certain knowledge that the money raised was going to such a fundamentally good cause.

We spent our last night afloat moored up at the Swan Hotel at Staines where we managed to quench our thirsts and re-charge, ahead of a final couple of hours rowing to finish, with a final sprint, under the bridge at Walton-on-Thames at midday the following day.

It's fair to say that, the trip was very enjoyable - with a certain euphoria at being free to travel and enjoy the company of great friends - but it was also much harder work than any of us had anticipated. Sleeping on the river bank, or worse, in the boat, sounds idyllic - but in reality is perhaps best left to those several decades younger than us - and rowing is quite hard work! But it was a privilege to do and wonderful too - with the help of everyone locally, we raised £25,269. Whilst I don't have room here to thank everyone individually, I would like to mention Shane at Sheldon's, Thomson & Bancks Solicitors and the team at the Stratford Herald for their support. Thanks to everyone who made it all happen in a year when so much else was cancelled - your generosity, grit and determination all made a difference.

Captain William Dockar-Drysdale

*Congratulations to Will, Jon and David for firstly achieving this challenging expedition, secondly for raising so much for SHN. I know you all had a lot of fun and great memories but it was tough going at times and the support you have given the Charity is wonderful, thank you all so much
Rebecca*



20 WALKS IN SHIPSTON COUNTRY

How does one follow Ian's splendid efforts marching through South Warwickshire at the head of his loyal stalwart walkers?

The answer so far is that three pairs of boots are trying to match his sturdy pair and so the walks have continued. We marched through the Autumn and now in the depths of this unseasonable winter we will be walking each month.

April 5th will see a return to the Summer Time evening walks which we hope will be a more convenient time of day.

The after effects of the pandemic continue to be felt, and one in particular, we have come across, is that some country pubs have used Monday and Tuesday as closure days to allow their staff to have their rest days. So it may be that several of the walks in the coming months, will be on a different day to fit in with the pub in question. We will keep you informed and aim to continue to publish an itinerary in advance of the next few months walks.



If you are not on our walks mailing list and would like to be please do contact us:

Elizabeth
e_searle@btinternet.com
John
john.dudbridge@sky.com

Richard
richard.colley@me.com

Ian McConnell has sadly decided to hang up his official walking boots taking responsibility for the organised walks each month for our supporters. Plus driving around many pubs and restaurants topping up the sales of the Walk books in these places frequented by so many locals.

Trying to thank Ian for all his hard work and dedication over these past years is an impossible task. He has been so enthusiastic over generating sales and support with this little gem of a book. Fortunatley Ian and the author of the book Peter Titchmarsh did

meet in Warwickshire a few years ago.

Peter generously paid for another print of 2500 copies last Autumn. Our enormous thanks Peter.

Robert Harper continues to be responsible for certain areas under our umbrella and Ian does his "favourite" places. John, Elizabeth and Richard have taken on the "Walks" once a month. Many four-legged friends also join these walks. All these people are continuing the excellent work that Ian set up, and we

are truly grateful to you all, many thanks indeed.

Ian I wish you well in your retirement, you have been a superstar in supporting SHN. The total raised from the sales of Walk books and the walks is £1595.

If you wish to join the walks please go to www.shipstohomenursing.co.uk Thank you all

Rebecca

COLLECTION BOX DONATIONS STILL CONTRIBUTE

Percy Sewell

Not, I'm afraid, a great year for the collection boxes. The triple whammy of restrictions, fear of mingling and, above all, the seemingly unrelenting advance of touch & pay has vastly curtailed the use of cash, and with it, spare cash into our boxes.

The year produced £1,038, with some previously lucrative outlets remaining empty throughout the year. Nevertheless, I remain hopeful that, with light at the end of the tunnel, things may, to some extent, swing back to the days when we achieved a 4-figure

income. Come what may, the boxes will remain in full circulation and I would ask anyone with spare change to bear us in mind.

Many thanks to Percy, Louise and Fudge, for their enormous support throughout the year. Well done and our grateful thanks to everyone who kindly houses our boxes and helps raise vital funds.



LILY MANTLE BAKES FOR SHN ...Here is her story

"In the summer of 2021, I helped to raise money for Shipston Home Nursing as part of Sibford schools Discovery Award programme, which asked us to find a way to help our local community. I knew that my Grandpa already did butterfly walks on his farm to raise money for charity so I looked into what it was for and found out about Shipston Home Nursing. Immediately I knew this was what I wanted to be a part of, and it was something making a difference to people in my community who were going through a really tough time."

I got to thinking and decided that I could ask Grandpa if I could sell baked goods to people doing his Butterfly walks, because I have always loved cooking, and what activity is not made better by a brownie? So that weekend I made my Grandpa some brownies and flapjacks to test and asked if I could help, he must have liked them and thankfully he said yes!



The walks were only supposed to last for the month of July so I figured I would be doing a batch of each a week. But by the end of July, I was doing two or three batches of each a week as they were selling so well. The walks were so successful that we decided to carry on after the end of July.

The amount of money people started to pay for a single cake was amazing. One person paid £30 for one brownie! This made me so happy to see how generous people could be with their money.

Although it was very tiring making so many

batches a week the feeling of seeing the money slowly start to pile up was amazing and made me very proud and happy that I had decided to support such an amazing cause. In the end we raised over £300!

Having visited my great Grandma in a care home and seeing how unhappy she was away from her home and my great Grandad, it felt amazing knowing I had played a small part in helping someone stay in their own home.

*Lily you are an inspiration and it was delightful to meet you.
Thank you, Rebecca*



BUTTERFLY WALKS at Blackberry Farm

Richard's entertaining account of the last five years!

"Never work with animals or children" is a common mantra among the 60's Blue Peter generation (remember the elephant?). To this needs to be added "or insects", the problem being that you never know exactly when they are going to show up and so planning our Butterfly Walks has a high element of risk. Dependent upon the weather, the main species here at Blackberry Farm can appear in force any time in June, July or August and, as they only live for around 6 weeks, timing is critical.

When we started the walks five years ago, we had just one specific day, in July, and tried to attract as many visitors as possible on that one day. The first time, it was a great success. Over 120 people came, the sun shone and out came the butterflies, many hundreds of them.

The next year disaster: it rained all day and virtually none took to the wing and not many people came either. The following year we decided on opening every Saturday in July. It rained all day on the first three and the sun

finally shone on the last Saturday. Apart from the last Saturday not many people came. You just can't win!

Aided and abetted by COVID-19, the next year, 2020, we changed tack by having individual appointments, allowing a minimum of 30 minutes between each of them, throughout the entire month of July, i.e. 31 consecutive days of Butterfly walks! Hard work but successful with over 400 visitors!

Drunk with this achievement and with the continuing COVID-19 risk we repeated the formula in 2021. This time we exceeded 500 visitors, even though the weather was not particularly suitable throughout the month.

So, what do we do this year? Well, we're not sure yet. COVID-19 seems to be a lesser threat and July is too far ahead to predict the weather. Opening up every day of the month is difficult to sustain so our thoughts are leaning towards the idea just two days, the first in



June, a Damsel Fly walk - we're starting to get large numbers along Wagtail Brook at this time of the year - and second, a traditional Butterfly Walk later in July. We'll try to attract as many people as we can for these two days so, please, go to www.shipstonhomenursing.co.uk for details in a couple of months time.

Thank you, we hope that you come to visit us. All proceeds are for SHN and, as a bonus, folk seem to have great time, especially the children!

*Our grateful thanks Richard for your generosity with your time and enthusiasm.
Rebecca*

COMMUNITY FUNDRAISING REPORT

Rebecca Mawle

Our 25th year of service to our Community.

25 years ago this June we had a weekend of celebrations and our Balloon launch. Friday night was a Barn Dance down at Nethercote. Saturday morning our wonderful Angela Balfour-Kinnear allowed us to invade her home and The Walrus Toy Shop to let off hundreds of green helium balloons, labelled with supporters names, that were all in a very very large net, that were released out of Angela's second floor window. Angela worked so hard that 24 hours and I am so sorry that she is not here to celebrate with us this year.

I never imagined that I would still be fundraising for SHN twenty five years on. There comes a time when we all need to make changes. So I have decided to retire from my Head of Community Fundraising role later this year.

I am sure you are all aware this change will be a sad one for me, but the most important part of these years is that I have been so very fortunate to work with the most extraordinary volunteers and supporters.

You have all been fantastic every step of the way. Each event, each envelope stuffed, each door drop, you always deliver with a big smile and are happy to help me. I cannot thank you enough. I would like to thank all the local businesses too, they are also

a large part of the success of the Charity. I am sure you will continue to support the Charity doing what you do best. You are all making a huge difference to our success and we would not be able to function without your input and hard work, motivation and expertise. I will always continue to support the Charity. Please take care, you need to make sure that Shipston Home Nursing continues to thrive for another 25 years.

My grateful thanks to you all for making my job so special, and to every single person whom I have had the pleasure of meeting.

My very best wishes

Rebecca
Head of Community Fundraising



Debbie Foster has been working with me for the last eight years. We have had a great working relationship and friendship. Debbie will be leaving her role at the end of March.

I would like to thank Debbie for her commitment to making sure our website and social media are looking and delivering to a top level.

Many thanks Debbie.

SHELDON'S WINE TASTING

The SHN team had the pleasure of visiting the Sheldon's Wine Cellars to experience a fabulous wine tasting evening organised by Shane and Amanda which was thoroughly enjoyed by all!

Bev Webb provided delicious nibbles to accompany the wines we were tasting. Amanda set us a quiz. Rather interesting to see how competitive our Nurses are, I will definitely not be reporting who the winners were.



OUR GENEROUS ROLL OF DONORS FROM 2021

We are most grateful to our all of our donors, whether regular monthly givers, one off donors, Trust Funds, Parish Councils and those people who leave us legacies in their Wills.

Simon Kirkpatrick
Victor Lee
David & Jane Cleave
Robert Heath
Dorothy Mallett, Ann & Lynn
Brailes WI
Julie Wall & The Bearley Fishing Lads
Gudrun Berry
Jill Perrin
Dr Susan Carr
Lesley Lane
Maggie Sargent Associates
Peter Clarke Stratford-on-Avon
NFU Shipston-on-Stour
Murphy Salisbury Stratford-on-Avon
Peter Titchmarsh
George Warner
Robert Large
John Rickett
David Ryles
Dr John Williams
Mike & Sarah Tremellen
Jennifer Meir
Guy & Mary Harris
Midcounties Co-op Shipston-on-Stour
Rory Mcleod
Susan Taylor
The Lady Willoughby de Broke
Heather Brown
Peter Gregory-Hood
R Bennett
Catherine Hilton
Elizabeth Bott
David Leigh
P A Warren-Hill
Muriel Paxton
Michael & Mauveen Spencer
Shirley Pilkington
C Gow
Joan Parnell
Michael Reynolds
Linda & Andrew Sadleir
Alison Henderson
John Wyatt
Kate, Kevin & Elaine
Pamela Barton
Sally Rose Philpott
Elaine Desborough
Di Watson
Mrs C Clarke
Jane Hobbs
Rosemary Antrobus
Joanne Perry
Pauline Austin
Lisa Blunt
Jane Spencer
Olive Burrows
Robert Cooper
Jim Gardner
James Thorn

Christopher Thorn
James Morgan
Nigel Barfoot
Mrs A Longhurst
Mr M G Fox
Ann Ormesher
Jan & John Wright
Deena Atkinson
Caroline David & Rolo Foord
Mr & Mrs K Revell
Mr W J Odell
Frances Rickett
Mayor of Shipston-on-Stour
Sheelagh Saunders
Ken Turner
Simon Downer
Jenny Wilson
Ilmington Gardens supporting NGS & SHN
Pamela Hatchett
Sonia Benton
Christopher Cox
Mary & Richard Cox
Doreen Mccarroll
Anna Kingsley
Pamela Sarson
Karen Baylis
Michael Blomeley
Trish Holmes
Martin Matthews
Stuart Ross
Stella Mills
Mike Mungavan
Mary Bennie
Karen Roux
Rosemary Murray
Janet Haines
P A Warren-Hill
Sheila Clements
John Kinning
The White Bear
Katie Lucas
Stuart Ross
Jasper Feilding
Di Feilding
Lisa Blunt
David Rutherford
Pamela Dodd
John Pearson
Heather Brown
Tredington & Blackwell WI
David & Vera Peckham
Mrs J A Ashley
His Honour AJD Nicholl
Miles & Juliette Macnair
Mrs Olga Satterley
Paul Howard
Caroline Redmond
Ann Batchelor
Patricia Blake
Caroline Whitby
Jane Williams
Mark Robinson
Dorothy Irons
Mark Robinson
Fred Edmunds
GR & RW Lewis
Roy & Josephine Lancaster
Ettington Gardening Club

Deborah Williams
Jeanne Hughes
Sharon at The Coach & Horses
Shipston-on-Stour
Celia & Dave Rickers
Richard Weston
Lucy Weston (Mask Making)
Tim Probert & the Halford Community "Feed The Rat"
Carol Hartill
Peter Britton
Mrs A T Meynell
Mark Forsyth-Forrest
Liz Batsford
Shejal Parkin
Shipston-on-Stour Rugby Club
Jennifer Pugh-Beckett
Carole Cliffords and The 20/20
Vision club in Ilmington
Ladbroke Church (Jane Rutherford's Memorial Service)
Pat & Graham James
Henry & Roz Warriner
Lindsey Anderson Marathon/Mair
Howell & P & L George
Michael Rosenthal
Carol Pearson
Shipston Rotary Club
John & Bindy Dudbridge
Mary Cobb
Sue Roark
Sue Taylor
Ailsa Jackman
Sarah Moody
Lara / Designer Sale
Lady Owen
Gabe Saunders, The Black Horse
Quiz night
Andrew Guest
Paul & Fiona Howard
Lyndall Bagnall
J.W.H. Newbery
Karen & Paul Olorenshaw
Jill Perrin
Andy Mawle
Jennifer Meir
Ann Holland
Richard Mawle
Mauveen & Michael Spencer
Margaret Sherwood
Ettington Parish Council
Caroline David & Rolo Foord
Kay Sole
Jane Brockway
John Spencer
Phil & Liz Wragg
Pauline Austin
Petronella Jameson (The Saddlers' Company)
Alison Hart, Kineton Art Exhibition
David Urwin & Lesley Mallard
Margaret & Merlyn Roberts
Debbie Howe's Party Revellers!
Whichford & Ascott Allotment
Holders Society Village Fete
Val Trinder
Michael Appleton
Martin Grasby
Stephen Harris

Anne Longhurst
Mrs E J Feldman
Michael & Cynthia Jackson (in memory of Pat Ames)
Sally Philpott
Anne Hepworth/Wellesbourne WI
Geraldine Hiller
Bridget Clark
Meg Morton
Jane Rigby Lighthorne Carols under the tent at The Antelope
Valerie Thorn
Cat Williams & David Hope
Kineton Parish Council
Wellesbourne Parish Council
Ettington Parish Council
Radway PCC
The Reverend GRJ Shea Trust
The Serth & Gates Trust
The Ofenheim Trust
The Gravelines Trust
Frank Pearson Foundation
The Youell Family Fund
DMG Roper Trust
The L & D Seccombe Trust
The Dumbreck Charity
The Eulalie Buckmaster Charitable Trust
Stella Symons Charitable Trust
The Blythe Trust
Ian & Daphne Beaumont
David & Greta Barnes
Lynn Spurr
Edward Leafe
Karen Pannell
Peter Williams
Dr & Mrs P Travis
Helen Beaumont
Trefor Williams
Pamela Hudson-Bendersky
Mr & Mrs Ian Haycock
Hugh Cantley
Great Wolford Parish Council
Wellesbourne WI
Clement Wyatt
Shipston Town Council
Dr John Williams
Chris Owen
Fred Mawle
Andrew Knight
Susie Dockar-Drysdale
Ann Bottomley
Andy Birtwell
Sheldon's Wines, Shane
Caroline Redmond
Carl Watkins
Barbara Smith
Donations via Virgin Money
Noreen Lane

Rebecca Mawle

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EVENTS START TO FILL THE CALENDAR ONCE MORE

LINDA CORNOCK - AN INSPIRATION!

We are so very sad that this inspiring, gentle lady has passed away. Over the last two years Linda has been raising funds for SHN making masks. I got to know Linda well during the pandemic and we used to have lovely chats through her window. I know that Linda will be sorely missed by her loving family and friends. Our sincere condolences to her family.

ETTINGTON STITCHERS MASK MAKING

They have donated £750 in 2021. Our grateful thanks for your ongoing support.

WALK BOOK

Sales continue to be a marvellous source of revenue for the Charity. Peter Titchmarsh has once again covered the printing costs for another 2500 copies. Peter has been a total star since he first came up with the idea of a "Walk Book" in memory of his wife Janet. A perfect book for every home! £1,551 total raised.

THE 2021 NEWSLETTERS

2500 of them were all labelled, stuffed, delivered and franked by so many terrific businesses and volunteers, thank you all so much!

PHASE 2 STANDING ORDER CAMPAIGN

During the middle of May volunteers kindly stuffed 3264 envelopes to action a door to door drop in 17 villages under our umbrella. I would like to thank the following for giving their time to help me with this. Jude, Emma, Jenni, Liz and Rob, Jane, Di and Jasper, Jane, Sophie, Joanna, Liz and Bonnie. You are all superstars. My job would not be possible without you to support me every step of the way. I am so grateful.

ILMINGTON GARDENS

Over two days in May, 788 people visited this pretty village, looking around the beautiful gardens supporting the National Garden Scheme. The weekend was sunny and everyone had a terrific time. Ilington kindly donated £1349 to SHN. Many thanks to you all for your ongoing support.



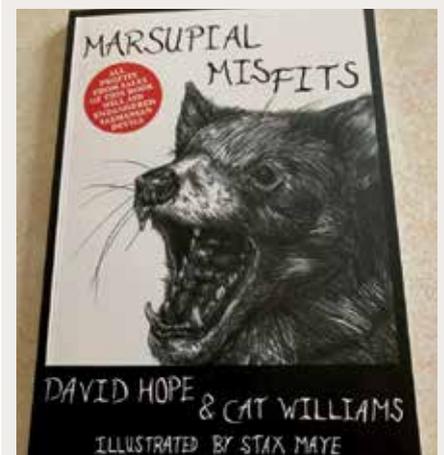
PLANT AND PRODUCE TABLE TOPS SALES IN OUR LOCAL VILLAGES

17 villages participated in this fundraising event running over a week at the beginning of May. This was a huge commitment for the volunteers who had thoughtfully agreed to support SHN and raise our flag in their village. This proved an extraordinary success and I cannot thank you all enough: Roz, Jane and Jane (Little Wolford), Sophie and Colin (Whichford), Richard and Jane (Wellesbourne), Jane and David (Barcheston) Emma and George (Honington), John and Penny (Barton on the Heath), Sue & Nick, Sarah & Graham (Gt Wolford), Caroline and Jane (Shipston-on-Stour) Fudge and Patrick (Burmington) Christine and Mark (Stourton), Severine and Jacqueline (Upper and Lower Brailes), Elizabeth (Long Compton), Lindsey and Pat (Insomnia Coffee Shop Ettington), Denise (Tredington), James and Jane (Kineton), Jude and Alasdair (Halford) for raising £11,104. We are all so delighted and totally overwhelmed!



POP-UP SHOP AT DARLINGSCOTT FARM

Maggie, Annie and Will had a wonderful weekend of sales at their home. Rugs, Kimonos and fabulous linen were all for sale at terrific prices. SHN received a generous donation of £500 from the Sargents. Donations for delicious cake and tea made £166 totalling a marvellous £666. Thank you so much to The Sargent family for their support, plus the generous donations from our supporters.



MARSUPIAL MISFITS

Cat Williams & David Hope kindly donated some copies of this wonderful book which we are selling for £5.



**TOUR D'ILMINGTON
SUNDAY JULY 4TH**

Marshalls / Registration / Volunteers from SHN. We manage to supply them all! Fred, Alasdair, Nick, Laurence, Gilda, Jane and Mike. Thank you all so much for giving your time and supporting the Shipston Rotary Club on this extremely successful day. I was presented with a cheque for £2000 from David Gill the President accompanied by Bob Armstrong. Thank you so much for this wonderful donation.



BUTTERFLY WALK AT BLACKBERRY FARM RICHARD GRAY AND HIS 11 YEAR OLD GRAND-DAUGHTER LILY MANTLE RAISE FUNDS THROUGHOUT JULY

Richard and Lily raised a grand total of £1434 from the Butterfly walks. Lily worked hard baking many times a week, delicious flapjacks and brownies, Lily raised a marvellous total of £303. Absolutely fantastic!



GOLF DAY AT FELDON VALLEY

The Golf Day at Feldon Valley was once again a great success. Eleven teams participating, including a girl's team from Feldon Valley.

Peter Clarke generously sponsored the day and Arden Garages sponsored a hole, my grateful thanks go to Andrew Clarke and Michael Hawkins from Peter Clarke and David Titchmarsh from Arden Garages.

Andy Nabbs and Les Hardiman both members of Feldon Valley were instrumental in making the day a terrific success, thank you both so much for your input. There were a few challenges on the course raising more funds for the Charity. Michelle Hardiman and Tracy

Nabbs offered a marvellous Trolley Dolly service with a terrific smile, in spite of the cold, on the course, thank you both so much you looked fabulous!

The George in Brailles supplied a delicious two course meal for all the players, thank you Tracy, this plan worked really well. We had a Silent Auction and raffle which everyone generously supported. The grand total made was £3,632.

THE WHITE BEAR SHIPSTON-ON-STOUR

Thank you Emma for giving £23 which was raised pre Covid running the Restaurant Scheme.



SHEEP STREET COMMEMORATION GET TOGETHER JULY 4TH

Jasper & Di Feilding and Lisa Blunt worked so hard in serving the most delicious lunch for the residents of Sheep Street in the Townsend Hall rather than David Rutherford's pretty garden, due to the weather being very unpredictable. Over forty five people had the most special time, enjoying one another others company, a rare treat!



WOLF RUN

Once again the famous WOLF Run returned to Offchurch Bury last September. SHN were the Wolf Run team organisers Charity partner for this weekend, we consider this a privilege to be part of such an amazing weekend with 8000 entries over the two days. Thank you Charlie and Will for your support.

Ten volunteers came along to help me run the Bag and Key drop. No bouncy castles in sight for COVID-19 reasons.

I would like to thank Jane Cussons, Lawrence Adamson, Jane Riley, John Sargent, Nick Rev, Christine Archer, Anneli Cowper and Nicola Loades for giving up their weekend to help, you are all marvellous! Fred kindly came to help with branding the marquees on Friday and taking all this down on Sunday. The grand total raised £1029.



OXHILL

Marion Woods has raised £154 selling her beautiful Gladioli and Dahlias. Well done Marion and thank you for your wonderful support.



SHN BOTTLE STALL AT THE WELLESBOURNE SUMMER FAIR

Hazel and Kate ran this very successful stall, raising £343. Many thanks to Hazel and Kate, what a super success their game was! Thank you to all who kindly donated bottles too.



JONNY CONQUERS THREE PEAKS IN 24 HOURS!

Jonny Watkinson from Shipston-on-Stour took on the National Three Peaks Challenge, to raise funds for Shipston Home Nursing. He walked the highest mountains in Scotland (Ben Nevis), England (Scafell Pike) and Wales (Snowdon), one after another within a 24 hour period (including the travel).

The challenge took 23 hours, 24 minutes and Jonny took 50K steps covering 23 miles, and a total ascent of 10K metres. The adventure starts at the foot of Ben Nevis, followed by Scafell Pike and then Snowdon. This challenge is known as 'extreme' and therefore requires a high level of fitness and stamina - training beforehand is essential.

Jonny, who had suffered from a knee injury just before the challenge, wasn't sure whether he would be able to take part, up until the last few days before it was due to take place. He said: "I've been training for several months for this challenge, so I was determined to give it a go, despite the injury. My mum, Janet Watkinson, works for Shipston Home Nursing, so I know, first-hand, how important

fundraising is for the charity. They rely on donations and fundraising events to help generate an income. All charities have been hit hard by the pandemic, so I really wanted to help."

Describing the adventure, Jonny said: "We walked Scafell Pike in pitch black, in the worst conditions the hiking company have seen so far this year! It was the toughest physical challenge I've ever faced, but certainly one of the most satisfying! I'm really pleased to have completed it

Jonny has reached his fundraising target of £1,000. Congratulations Jonny, George, Charles and Josh. Thank you so much!

THE DESIGNER SALE RETURNS

Moda Rosa the marvellous three!

Rosie, Zena and Jane arrived with twelve rails in a large van from Alresford! How wonderful to see them in Warwickshire again.....Thank you so much Rosie for your support.

Maggie and John's newly converted barn was the perfect venue for space, air and keeping our supporters socially distanced. It was warm, and sales on both days went well. Nicola sold Squeaky's jewellery which everyone loves. I am

delighted that the two day sale raised £1700. Grateful thanks to Nicola and Joanna for their help. Maggie and John are so extremely generous supporting SHN in making this event so successful, enormous thanks to you both.

LINDSEY'S LONDON MARATHON

"Running is a fairly new sport to me; I started at the beginning of last year by joining some friends who were training for the 2020 London Marathon. I ran with them and completed a half marathon in early March last year. My friends suggested I try for a place on the London Marathon, so I decided Shipston Home Nursing's charity place was the way to go. It would give me a massive incentive to keep training and raise funds for a charity who needs funds now more than ever."

"The marathon was an amazing experience, the support from people on the route was encouraging and uplifting. The whole event was well organised, and I would encourage anyone to give it a go. You don't have to be fast but train hard and it can be done!"

Lindsey's initial target was £3,000 but she was thrilled to reach a final total of £5,026. We are so grateful to Lindsey for her enormous support and to everyone who donated.



MANDY'S VIRTUAL MARATHON

Mandy ran the Virtual Virgin Money London Marathon 2021 which was a chance for runners to run 26.2 miles their run, their way. It gave participants the opportunity to take on the world's greatest marathon on the course of their choice wherever they are on the planet.

Mandy said: "I would say thank you for the opportunity of running the marathon - I would never have thought I was capable of doing it!"

After a short injury to my ankle, I decided to follow a 17-week training plan and was determined not to deviate from it. Up to up two weeks before running it, I still didn't quite believe I could complete a marathon! However, I managed a 20-mile run, and although it was tough, it was the first time, I started to believe in myself.

The following two weeks were extremely hard due to the passing of my Mum, but as I was in rest mode, so it didn't impact my training too badly.

On race day I was extremely calm and set off early to complete the first few laps on my own. On the third lap, I was joined by my neighbour Karen, who said she would run a few laps with me. She actually completed a half marathon. Her husband Richard, also donned his running kit to come and join me and his wife. We were then joined by Connor, a serious runner who continued another few laps with me. Once he'd finished, I only had 1.5 laps left and Stephen, who had been on the support bike the whole time, stayed with me to the end. On my final half lap, I was supported by another friend, Jo, and she ran the final section home with me. All the support I received was rather overwhelming and tiredness didn't really kick in until the last few laps.

I still don't consider myself as a runner, but I'm amazed that my old body did it!". Mandy raised an amazing £670. Congratulations Mandy!



OCTOBER POP-UP AT THE TOWNSEND HALL

Once again, an enormous success, which we were delighted about. Thank you so much to all the generous supporters who gave so many fabulous donations, clothes, jewellery, homeware, beautiful china, furs, we had everything! Many thanks to Karen for kindly working so hard to make the jewellery look so beautiful in a stylish display. The two days raised £2,748. I am so grateful for all the help from many volunteers who sorted through everything and ultimately made our Pop-up such a success. Thank you all.



CHRISTMAS CARDS

I would like to thank the following businesses and the Porter family for their wonderful support selling the popular Christmas Cards designed by the extremely talented Hannah Porter. Richard Harvey, EH Spencer, Mrs Browns Tea Rooms, Shipston Medical Centre and The George Inn Brailles. We raised a fantastic £942.



THE CHRISTMAS GIFT FAIR

Having not been able to run this event for two years, we were delighted to open our doors in November at the Ettington Community Centre. This was enormously successful with over 350 people coming to support us. Thirty five stalls from all over the country made



shopping for presents, homeware and retail enjoyable. Many were local businesses who have been regulars for the last twenty two years. The Food Hall was a terrific success with eight appealing stalls that had a good fair.

The kitchen serving homemade cakes, biscuits



and soup was full on! Huge thanks to Di, Annabelle and Nicola for making wonderful soup, plus many talented bakers for making the biscuits and cakes. Our supporters are so well looked after. The total raised over £6500. Thank you to the team of volunteers who help make this such a success.



RAY LUKER

Ray lives in Shipston-on-Stour and is a wonderful supporter of the Charity. Ray once again spent weeks and weeks before Christmas making his garden look like a winter Wonderland. Hundreds of people came and admired this spectacular display. Ray raised £281. Thank you so much Ray.



THE SUNFLOWERS AT LODGE FARM, KINETON

The marvellous Jilly and Chris raised people's spirits as well as a massive £5,062 for two local charities, Shipston Home Nursing and Cyclists Fighting Cancer this summer.

The fields of sunflowers were stunning – such an uplifting sight for visitors and passers-by. We were so grateful to Jilly and Chris at Lodge Farm for their extraordinary dedication and extremely hard work for a month, baking

cakes to sell with hot drinks and manning the sales of their sunflowers. I know Emma was on-hand to help also. Well done Jilly and Chris for being such an inspirational couple raising £2532 for SHN, our grateful thanks.



SHIPSTON-ON-STOUR RUGBY CLUB SPORTING DINNER

Held at the Townsend Hall. Nigel Owens was the excellent speaker and entertained the one hundred and eighty diners for the evening raising £455. Thank you all for your ongoing support.

COTSWOLD TUROPHILES

Founder of the Cotswold Turophiles, David Greenwell decided to support two Charities with sales from his new cheese consortium. Combat Stress and Shipston Home Nursing. Since February 2021 members have been sampling amazing artisan cheeses from small cheese makers from around the country. We would like to thank everyone involved for this generous donation.

David comments "The membership has grown from 3 to over 45 since our inception in February 2021 and I hope to make over £600 profit, once all the money from the Christmas order is in. As a consequence, I am able to make a donation of £334 to Shipston Home Nursing".

Regards, David Greenwell,
@cotswoldturophiles



THE HORSEFARIAN'S SUMMER PARTY

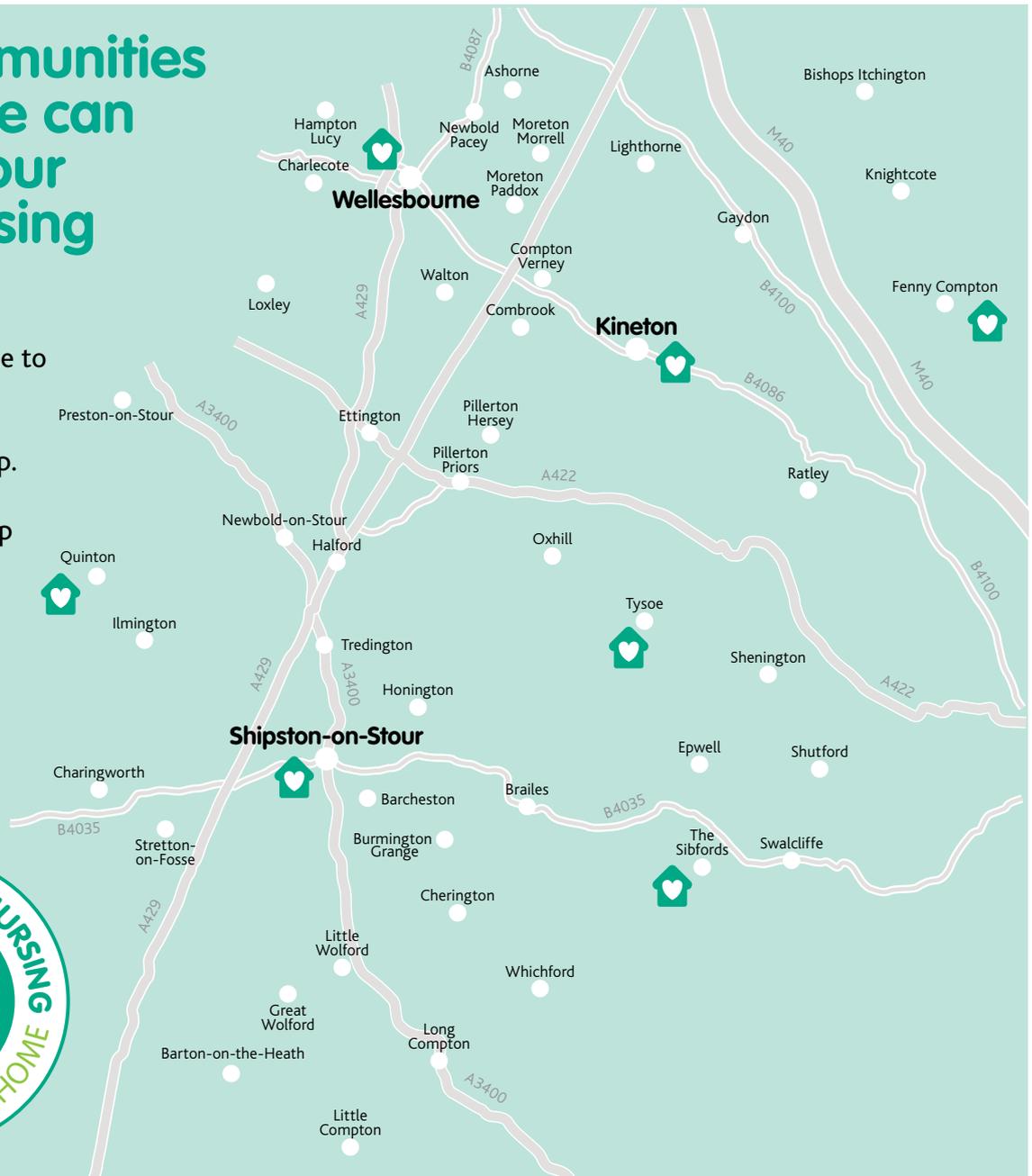
Brian and Ann Ponter live at Horsefair in Shipston-on-Stour. This lovely couple decided to organise a coffee morning outside their home, on the same day as the Garden Party in August, at the eighteen houses that are known as Horsefair. The weather was kind to the residents and they had a very successful day raising £455 for SHN. Thank you all so much, a special thanks to Brian and Ann.



The communities where we can provide our Free Nursing Service

Our care is available to those people living within the areas marked on this map.

If you need our help please contact the Nursing Team on 01608 664850.



Supporting Shipston Home Nursing will cost you nothing if you already love shopping with Amazon! Same great Amazon, but with 0.05% of the profits going to us. It's as easy as 1,2,3. Go to: <https://smile.amazon.co.uk/ch/1162586-0>

Support us

EVERY TIME YOU SHOP

- 1 Go to smile.amazon.com
- 2 Select Shipston Home Nursing as your charity
- 3 Every purchase supports Shipston Home Nursing



amazon
You shop. Amazon gives.

COMING UP IN 2022 (AT TIME OF PRESS)

ONLINE ART AUCTION "ON REFLECTION"

20th-30th April plus viewings by appointment at a private venue near Shipston-on-Stour on Saturday 23rd April, 4-7pm
Private view with art expert and BBC TV presenter Philip Mould by invitation only.

POP UP TABLETOP PLANT & HOME PRODUCE SALE

Saturday 30th April – Monday 2nd May
Table top sales in various local villages
For more information please contact Caroline Gunn on 01608 663508 or Fudge Ramsay on 01608 680000

10K RUN/WALK AT WALTON HALL

Sunday 8th May, register 8.30am, 10am start
Walton Hall, Wellesbourne CV35 9HU
Enter at www.shipstohomenursing.co.uk/events
Run: £15 adults, £5 children
Walk: £10 adults, £5 children

A TOUCH OF DUST

TBC
The Bower House, Shipston-on-Stour

PARTY IN THE PARK

Sunday July 17th
Alscot Park, Alderminster
By kind permission of Emma Holman-West

BUTTERFLY WALKS

Throughout July
Blackberry Farm

SUNFLOWERS AT LODGE FARM

August - September
Lodge Farm Kineton

THE WOLF RUN

Saturday 3rd & Sunday 4th September
Offchurch Bury
for more details visit www.thewolfrun.com

BURMINGTON GRANGE OPEN GARDENS NGS

Sunday September 11th, 2pm-6pm
By kind invitation of the Ramsay's

GOLF DAY

October
Feldon Valley, Brailes

CHRISTMAS GIFT FAIR

Tuesday 15th November 5.30pm - 8.30pm &
Wednesday 16th November 9.30am - 3pm
Ettington Community Centre CV37 7SX
£5 Entry includes coffee and homemade biscuit

For information on any of these events or fundraising please contact
Rebecca Mawle on **01608 674929**
or email rebecca.mawle@shipstohomenursing.co.uk or visit
www.shipstohomenursing.co.uk

Making a regular donation makes a difference!

If you would like to make a regular or one-off donation please complete the form below and return to:
Head of Operational Support, Shipston Home Nursing, Ellen Badger Hospital, Stratford Road, Shipston on Stour, Warwickshire CV36 4AX.
Tel: **01608 664850** Email: admin@shipstohomenursing.co.uk

- Make a one-off donation
 Donate monthly through Standing Order

- Leave us a Legacy in your Will (please call us on 01608 664850)
 Trusts (please call us on 01608 664850)

My details are:

Title:
Forename(s):
Surname:
Address:
Postcode:
Tel:
Email:

I wish to...

Make a one-off donation of: £
and enclose my cheque payable to Shipston Home Nursing

Donate £ _____ **monthly through a Standing Order, my Bank details are as follows:**

Bank Name:
Bank Address:
Account Name:
Sort Code:
Account Number:

Payments to be made to Shipston Home Nursing Account:
Lloyds Bank, 25 High Street, Shipston-on-Stour, Warwickshire, CV36 4AJ
Account Number 01665317, Sort Code 30-98-26
on the _____ of each month until further notice.

Gift Aid Declaration

Boost your donation by 25p of Gift Aid for every £1 you donate

- I wish the charity to treat this donation as Gift Aid and to treat similarly all future donations that I make to the charity. I am a UK Taxpayer and understand that if I pay less income tax and/or Capital Gains Tax than the amount of the gift aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

I declare that I am a taxpayer and I want the charity to treat my donation of

£

which I made on the _____ / _____ / _____
(Date of cheque)
and any future donations I make as Gift Aid donations.

- I would like Shipston Home Nursing to claim the tax back on this donation.

Please pay Shipston Home Nursing by Standing Order from the account detailed on this instruction. I understand that this instruction may remain with Shipston Home Nursing and, if so, details will be passed electronically to my Bank/Building Society.

Date:

Signature: