

SHIPSTON HOME NURSING NEWS

INCORPORATING SHIPSTON-ON-STOUR, WELLESBOURNE AND KINETON

Our Nurses help keep a promise

Just before Christmas 2014, my father, Charles Dockar-Drysdale, having battled prostate cancer for nearly a decade, learnt that the end of the road had been reached in terms of drugs and options. There were no stated time-frames, no clear plan, only a swift and steep decline in my fathers health. My father died, peacefully at home - as had been his wish and our promise to him, on 14th February 2015.

We could not have achieved this ending without Shipston Home Nursing.

By mid January 2015, as a side effect of the drugs, treatments and progression of the cancer itself, my father became increasingly disturbed and in need of increasing levels of care - resulting in my mother surviving on little or no sleep for weeks. The shocking reality quickly crystallised - my father was dying, and my mother, though naturally strong, was increasingly exhausted physically, mentally and of course emotionally. Living close by, we were able to help and provide support - but only to a point.

In a further acknowledgement of the reality of the situation, we called SHN in late January. Kate - our lead SHN nurse arrived and instantly became our reassuring and very special guide through a journey none of us had travelled before. Kate



Charles Dockar-Drysdale

and her colleagues provided so much, they brought humour - making Dad laugh despite the dreadfulness, they provided desperately needed relief for Mum - enabling her to sleep safe in the knowledge that they would be taking good care of Dad. Most importantly Kate and the team, in conjunction with Dad's GP, provided skilled care

for my Dad when he needed it most. The SHN team helped him understand what was going on, helped him be calm, helped keep his pain at bay. The team, led by Kate, achieved all this with great sensitivity and in a way which felt totally unobtrusive allowing us all to make the most of our last days with Dad. It might sound wrong or odd, but somehow the SHN team helped make the worst days of my life manageable and I know this is true for my mother, brother and sister.

Having lived close to Shipston for over a decade, my wife and I have attended several of the SHN balls without - being really honest - a real understanding or appreciation of what incredible work SHN actually does. I hope and pray that when my time comes, I too am able to benefit from the wonderful care that SHN provides if the need arises.

William Dockar-Drysdale

February 2016

Registered Charity No 1061405



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Shipston Home Nursing



Geoffrey Howe

Much was written and reported about the life of my husband, Geoffrey, following his sudden death aged 88 on the 9th October last year, less than 6 months after retiring as an active member of the House of Lords, in May.

We've been very grateful for the many tributes to him in the media and in the wonderfully comforting letters of condolence we've received from friends and a multitude of other people who had met him from all walks of life. David Cameron referred to him as "the quiet hero of the Conservative Party" but he was also ours, as a loving and much loved family man, to whom I was married for over 62 years. We all miss him dreadfully but our immense pride in the legacy of his many achievements and contributions to public life worldwide is also a source of great solace, knowing he'd lived such a truly fulfilled and effective life.

We moved to Warwickshire, first to Long Compton (where Geoffrey's funeral service was held) and then to a little hamlet near Shipston-on-Stour in the late 1980s. Geoffrey enjoyed all aspects of life locally, frequently shopping or attending various events in and around Shipston.



He soon became aware of the extremely valuable work done by SHN through his GP and former Chairman of Shipston Home Nursing, Dr. Chris Thorogood. Geoffrey was extremely impressed that those living in the wide area around Shipston had the option of the 'hospice at home' arrangements provided through this wonderful charity and he had therefore himself selected Shipston Home Nursing, for donations in his memory.

Lord Howe was a generous supporter of SHN since I can remember. Every year I received a donation and a note recognising the essential work of the Charity.

WOODS, OBSTACLES, LAKES & FIELDS...

The WOLF RUN has chosen SHN to be their permanent Charity partner. Event dates at Welsh Road, Offchurch are **Saturday Sept 3rd & Sunday Sept 4th**

Why not get a team together and raise funds for Shipston Home Nursing. Go to thewolfrun.com or shipstohomenursing.co.uk to register!

See you there!

BOOK NOW & SUPPORT SHN

The Nursing report Janet Oakey

2015 proved an eventful and at times challenging year for the Shipston Home Nursing team.

Our team of 15 RGNs delivered care to 55 patients within the areas of Shipston, Wellesbourne and Kineton. This covered both day and night shifts, a breakdown of the hours is shown each month on our website.

A recruitment drive has seen SHN welcome some new faces to the nursing team together with a new administrative assistant who mans our office at the Ellen Badger Hospital on Mondays, Wednesdays, and Fridays.

We said goodbye to Sarah Barnett who has moved to Cornwall, Jane Evans and Maryann Dobbins who have now retired and Ruth Mavrommatis who now lives in Crete.

It was with great sadness that we lost our colleague Kate Hardwicke, who died

suddenly at home in Brailes in June. Kate was an inspiration to us all and her kindness and compassion was plain for all to see. She worked tirelessly for the Charity and is very much missed, both personally and professionally.

It is customary at this time to thank the various people that the team meet during the year and so our grateful thanks are extended to all the families whose loved ones we have nursed, the District Nursing teams we work closely with, the GP practices within our area, funeral directors and our sister charities and local hospices.

May we take this opportunity to wish all our supporters a very Happy and Peaceful New Year.



A Marathon in Memory Cath Daley

On 24th April 2016 I will be running the London Marathon in memory of my very dear friend Andy Bygate. Andy died of a terminal brain tumour in October 2014 at the age of 46. I met Andy through my husband Billy. Back in 1992 they both loved taking the mickey out of each other with Billy often reminding Andy of his northern roots. Andy was from Warrington in Cheshire, he moved to Shipston where he became a successful businessman and lived with his lovely wife Sharon and 3 gorgeous children.

I shared Andy's passion of football, all be it not the same team. We spent many hours discussing tactics and formations. Andy also loved golf, and during his final days I sat with him as Europe regained the Ryder cup, it was heart breaking to see a man so passionate about sport was unable to raise a cheer or a fist pump as he would have done in the past.

I will be raising funds for Shipston Home Nursing who provided palliative care for Andy. They helped to ease the suffering for Andy and his family during his final days. I watched each day the care and support the nurses gave to Sharon and the family. Their dedication and professionalism was second to none. Sharon's forever soul searching decisions was met with calm unobtrusive advice, no mountain was unsurmountable for Shipston Home Nurses.

Following Andy's diagnosis in 2007 I ran the Edinburgh Marathon, the Great North Run and I had the joy of running the London 10k with Andy and Billy all raising funds for The Samantha Dickson Brain Tumour Trust. Despite his illness, he beat us both hands down that day. However, like a true gentleman he slowed down to allow us all to cross the line hand in hand, a memory I will never forget. Throughout Andy's illness he was a constant fundraiser for the Brain Tumour Charity who provided advice and support from when he was diagnosed. If Andy was here today, having seen the incredible support given to Sharon and his



family by Shipston Home Nursing, he would have used his entrepreneurial skills to raise money for their funds. In Andy's name I will take on that role.

After my one and only marathon in Edinburgh when I said "never again," I am happy to lace up my running shoes once more and will use the strength and determination Andy showed to battle his illness to get me through each of the 26 miles and raise as much money as possible for the truly amazing nurses from Shipston Home Nursing.

If you would like to donate please visit <http://uk.virginmoneygiving.com/> CathDaley

Kate Hardwicke

Stratford Herald report

Tributes have been paid to the Deputy Nurse Manager of Shipston Home Nursing, who died suddenly and unexpectedly.

Kate Hardwicke died on 5th June. The Trustees of Shipston Home Nursing spoke of the huge contribution that Kate made to the service. She was one of the key nurses, supporting patients who have wanted to remain at home to die.

In a statement they said:

"Her dedication to the job was quite remarkable. She would think nothing of dropping everything and going to see patients in need whenever she was called, no matter what time of day."

"We know from the feedback of families that they felt very reassured by Kate's nursing skill and kindness. She was admired and respected by her fellow nurses at Shipston Home Nursing and by the wider community nursing team, who all miss her greatly."

Kate started nursing at the Ellen Badger Hospital in Shipston, and trained at Coventry and Warwick Hospital. She then worked in St George's Hospital in London and in Newfoundland and Texas as a neonatal nurse.

Kate met her husband Tony at Moreton-in-Marsh railway station when they both were travelling to London. To be near Tony, Kate moved back to the area to work as a community midwife in Worcester.



They made their home at Kempsey, in Worcestershire, but not for long, as Tony was asked to work in Dubai. For Kate to go with him, they decided to marry.

Kate worked for Al Wasl, the Minister of Health, in Dubai, for 15 years. Two years after arriving in Dubai, she was made head of the neonatal department and then became the deputy head of the hospital in Dubai.

After the end of the second Gulf War, Kate and Tony returned to the UK to live in Brailles, and Tony retired. Kate worked as a first responder and for the last eight years worked for Shipston Home Nursing as a palliative nurse and coordinator.

Kate was married to Tony for 31 years. She also leaves behind an older brother Chris, who lives in Canberra, Australia, and her twin brother, Stuart, who lives in Spain.

Among Kate's many titles were aviation nurse specialist, midwifery sister, assistant head of nursing and Lieutenant in the Armed Forces.

Her colleagues at Shipston Home Nursing said they missed her greatly, but know that she loved her life and lived it as she wanted - always busy, always smiling, always caring.

Fundraising report Rebecca Mawle



Besides the following wonderful donations there are many of you who send cheques direct to our Treasurer Chris Owen. Being unaware of some of these donations means I cannot mention you below. If not mentioned, I can assure you that the Trustees and I are enormously grateful to you for your support.
Thank you all so much!

The Bring and Buy coffee morning, held at Jacques Barn, Stourton organised by the Church Flower Ladies (Georgie, Sue, Stella, Christine, Diana, Jane, Jane & Sarah) was a wonderful success. I was given a gigantic Panettone by the Plough at Stretton-on-Fosse and guess the weight of this huge delicious cake raised £68 during the morning. Many thanks to Ann Holland for her selling technique! A walk book and notelets were also sold, bringing the cake sales and SHN wares to £80. Mark and Christine Dudfield kindly went to the trouble of selling a clock on ebay raising £50. The Cherington Flower Ladies split their profit for the morning and have donated £162 to SHN. Total raised £242. Many thanks for your continual support.

“Carols on the Green at Lighthorne” was another success. Jane Rigby kindly sent a cheque for £70 which was raised when the village were in fine voice just before Santa arrived. Many thanks to the entire village for their continual support. Jane comments **“Good Luck with all your fund raising ventures and long may you succeed”**.

Stretton-on-Fosse raised a marvellous total of £124 serenading the village with Carols before Christmas, December 2014. Thank you so much for continuing to support SHN.

Sally Bryan from Brailes is a wonderful knitter and over the last year has been selling her beautiful knitted cuddly toys. Sally has raised £178 for SHN which is marvellous. Thank you so much for your support Sally.

Moreton Morrell held a Carol singing evening in their village hall with mince pies and mulled

wine. The proceeds raised £70 which the village have kindly donated to the Charity, thank you all.

Pillerton Hersey kindly sent £127, following the carol singing night that the villagers enjoyed, raising funds for SHN. Janet Knight comments **“Thank-you for all the wonderful work you and your team do”**. Many thanks to all the Carol Singers!

The Peacock at Oxhill donated £20 following a Quiz night. Thanks to Pam for her continual support.

COLLECTION BOXES

Fudge Ramsay has sent a cheque for £99 totted up from various Collection Boxes. Turners have raised £640 in 2014 and the previous year £428, congratulations to you all, please keep going and thank-you!

Sadly the Fox & Hounds pub in Great Wolford closed its doors in January 2015. Their collection box had £4 in it. Thanks to Jill, and best wishes for your new life in Shipston-on-Stour.

The Collection Box at Baldwin's Newsagents in Brailes raised £33. Many thanks to all who contributed.

Ivy Heart, Shipston-on-Stour raised £20 in their Collection Box, wonderful, thanks to all Kate's customers for their support.

Creature Comforts Shipston-on-Stour raised £17 in their Collection Box, thank you so much to the business and your customers.

The White Hart in Newbold-on-Stour filled their Collection Box to the top and raised a fantastic £80. Many thanks to all Jim's customers, for your continual support, plus the White Hart for housing a Collection Box!

Turners in Shipston-on-Stour through the year raised £229 from their two Collection boxes. Many thanks to everyone who has donated.

Taste of the Country in Shipston-on-Stour raised £19 from their Collection box. Thank you so much to all your customers for their support.

Paddock Farm Butchery, Brailes raised £61. Many thanks, great figure!

Ilmington Village Stores has raised £31. Thanks to all the village and good luck with your new venture.

Mrs Brown's Tea Rooms customers have raised £38, many thanks to you all.

The George Hotel is closed for a refurbishment from December to April 2016. Our Collection Box which has been returned until April, had £10 in. Our thanks to all concerned.

The Party Shop in Shipston-on-Stour closed its doors for business in December. Maria returned the Collection Box and her customers donated £12 for the Charity. Many thanks to all for their support.

SHIPSTON MEDICAL CENTRE

The total so far for the sales of 2nd hand books sold in reception at the Medical Centre has reached the most wonderful figure of £4,600.

HASTINGS HOUSE, WELLESBOURNE

The total raised for 2015 from the sales of 2nd-hand books was £100. Many thanks to all our supporters in Wellesbourne. The surgery continues to sell our Walk Books and Notelets. Walk Books raised £41 and Notelets £23. Many thanks to all involved.

Kineton Victorian Evening had a successful night and thoughtfully donated £400 to the Charity. Many thanks for your continual support, to all concerned.

Matthew Burnford who lives in Todenham

Collection Boxes

Percy Sewell

With invaluable assistance from Fudge Ramsay, Jo Sweby and Ian McConnel, the collection boxes continue to produce a very useful sum for the Charity and I'm extremely grateful to everybody who has held them over the year.

Looking back through my records, it's alarming to see that, of the original 100 boxes placed in 1997, 75% of either the businesses, or their proprietors, have moved on, but it's refreshing to see that, as new blood comes in, the task of persuading retailers to hold a box never really presents a challenge: the reputation of the Charity is persuasion enough.

One of the very first holders, still on the list today, are John and Barbara Calderan, from Shenington, yet they've never had a retail outlet. Irritated by small loose change, they had the idea of resolving this with a charity box in their own home: liking what they'd heard, they chose SHN and have held one ever since. Each year, I'm summoned to empty a bulging container, which, over the years, has equated to several hundred pounds - a much appreciated and generous gesture, which could be replicated by anyone else who, like the Calderans, are irritated by surplus loose change. I've plenty of spare boxes waiting!

My thanks again to all of you who've held or helped with the boxes this year.

Thank you so much Percy for all your efforts!

generously donated £4,672, in memory of his late Mother, Patricia Burnford. Our Nurses looked after Patricia, and Matthew was extremely grateful to Janet and the Nursing team. Many thanks for your wonderful donation Matthew.



Wendy and John who run the lovely bed and breakfast at The Old School, Little Compton kindly donated £140, many thanks to you both for your continual support.

CHRISTMAS CARDS 2014

Many thanks to all the businesses and supporters who kindly sold the SHN Christmas cards. We received a good response from the selection, but do think that because of postage costs, this year (2015) we will not have a new selection but sell the existing ones. Through the Winter months £2,319 was taken, so many thanks to everyone who sold them for us. There are too many to mention, but you know who you are, and I am extremely grateful for your support, thank you.

The Red Lion at Ilmington kindly donated £56. I am grateful for your continual support and many thanks to all concerned for helping the Charity with fundraising.

Dr Guy Harris, author of The History of Medicine, has been giving lectures to local groups. Guy has sent in a donation of £300 given by Shipston WI, Shipston Probus Campden and Stow-on-the-Wold plus others. Many thanks to you all for your support, and to Guy.

Mr D. Siphthorp from Moreton-in-Marsh donated £156 following his Uncle's Memorial service. William Hawes Longford was looked after by our Nurses. Many thanks to all who donated.

Mrs Lynda Jones from Shipston-on-Stour kindly sent a generous donation of £500 in memory of her late Mother, Mrs Rita Maureen Fisher. Many thanks Mrs Jones. ***"Words can't express the care (Kate) and the District Nurses forwarded to my Mother in her final days on this earth. Although bed bound at home for some time, having professional care coming, as well as a care agency gave me the strength to carry on day by day. I know any lingering pain was assisted by the care given. Your service was mentioned to me at the end by Dr Marshall which I took up. Many thanks. Hopefully the small donation will assist you"***

AMALIA KNIGHT TACKLES CLIMBING KILIMANJARO

Congratulations and many thanks Amalia for choosing Shipston Home Nursing to benefit from this wonderful achievement. The grand total Amalia and her friends raised for SHN was the

wonderful amount of £2,073. Amalia comments before her challenge, ***"Training is going well. I hope I'll be fit enough to be able to enjoy the views, not just drag myself up the paths. I've received the 2015 Newsletter from Shipston Home Nursing and I must say that I'm more pleased than ever that I have chosen to support it. I was impressed with all the stories, also with the immense support and dedication showed by all the people doing big or small things for fund-raising"***. See page 37 for Amalia's report.

THE RESTAURANT SCHEME

Peter and Assumpta from the Chandlers Arms Epwell generously donated £100 to SHN. We are very grateful for their support, thank you.

During the month of March, The Chequers Ettington raised £605. Congratulations and many thanks to James, Kirsten and all their customers for their wonderful support.

April was an enormously successful month for The Peacock at Oxhill. Pam gave Sarah a cheque for £1,028 which is the most raised in any month for the Scheme so far! £62.50 of that was raised by superb teas served on May Bank Holiday. Huge congratulations to Pam and enormous thanks to all her loyal customers. The continual, active support is truly appreciated.

May at The Fuzzy Duck was a brilliant success raising £322. Many thanks to all the Fuzzy Duck's customers and the team for their support.

June at Shah's and Shukurs in Wellesbourne and Kineton raised £58. Thank you Abdul and all your customers for your support.

July at The Plough in Stretton-on-Fosse raised the brilliant total for first timers of £195. Many thanks to your happy customers for their support.

August at The Farriers Arms in Todenham raised a brilliant £181. Fantastic, and many thanks to Nigel, Louise and customers for their support.

September at The Chequers in Ettington raised another record breaking £520 for the Charity. Well done to James and Kirsten, their team, plus enormous thanks to their generous customers.

October at The Horse and Groom raised the most extra-ordinary grand total of £900!

The Restaurant Scheme Sarah Scotter

£4820 - A terrific amount raised for 2015

Thank you so much to the 10 loyal businesses, and their wonderful customers, who have supported Shipston Home Nursing through the Restaurant Scheme. These businesses range from traditional village pubs, to fine dining restaurants, to Indian dine-in and takeaways. Each is run by an enthusiastic, committed and friendly team that understands the importance of the specialist nursing Shipston Home Nursing provides.

A warm welcome to newcomers, Steve, Amanda and Ben Aubrey at The Plough Inn, Stretton-on-Fosse. Thank you for giving it a go in July and making such a success of it for us. I would also like to mention Louise and Nigel Kirkwood at The Farriers Arms, Todenham, who have been supporting the Scheme since 2008 - we shall be needing medals soon! Huge thanks to you both, and also to the following: James and Kirstin at The Chequers (Ettington); Pam at The Peacock (Oxhill); Team Fuzzy Duck (Armscote); Shukkers and Shahs (Kineton & Wellesbourne); Tom

and Will, and staff at The Horse and Groom (Bourton-on-the-Hill); Ian and Anne at The Gate (Upper Brailes) and finally, John, Paul and their team at Loxleys (Stratford-on-Avon) - you are all brilliant!

And so, here's to 2016 - it would be so nice to add one or two more restaurants and pubs to the Scheme. Any suggestions would be really welcome, so please let me know.

Thank you so much Sarah for all your efforts



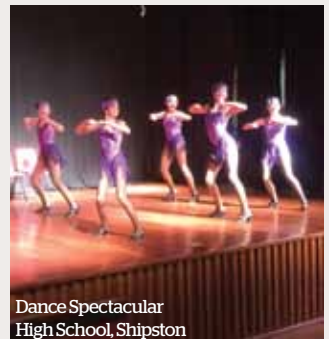
Sheldon's Wine Cellars



The team at The Plough Inn



Our Nurses get together in memory of Kate Hardwicke



Dance Spectacular
High School, Shipston

Congratulations to William and Tom and thanks to all your supportive customers. What a record!

November at The Gate, Upper Brailes raised £97. Last year, proceeds from quiz and raffles were taken raising another £109. Many thanks to Ian and Ann for their fundraising ideas and support.

December at Loxleys Stratford-on-Avon raised £914 for the month of December! Wow that is absolutely amazing. Many thanks to Paul and the team at Loxley's. Plus all your generous customers.

Dear Rebecca

I enclose a cheque for £500 as a donation to the excellent work of Shipston Home Nursing, in memory of my beloved partner, Denis Kettle, and as a small thank you for the care and support given to us during his last days. Many thanks Roy Bateman. Thank you so much for your generous donation Mr Bateman.

Many thanks to the Properties Department, NFU Mutual at Ryon Hill Park who kindly sent a donation of £40 which was raised in lieu of sending Christmas Cards around their office. Your support is truly appreciated.

Many thanks to VTG Rail UK who kindly sent a cheque for £100 in lieu of sending out Christmas Cards to their customers. We appreciate your support, thank you so much.

Mr and Mrs Bern Frost from the USA kindly sent a donation of £100, in memory of Vivian Lillie, a dear friend who lived in Ilmington. Thank you for your support.

EMPTY BOWLS AT WHICHFORD was a marvellous success. Pippa Brook came up with this brilliant idea which came from a member of her family who is American! So Pippa & Suzie Coyte with the enormous help of Bruno & Leyla and Whichford Pottery organised this fabulous day in the Straw Kitchen at Whichford in February. Over 95 bowls were given by ceramicists all over the country. Tickets were bought by locals and gallons of soup were made along with delicious brownies! So for £15, our supporters received a unique, beautiful bowl, a delicious soup, plus artisan bread. What a wonderful recipe for success! The total raised was £1,380, which was divided between SMA &

Shipston Home Nursing. We all had such a fun day, many thanks to Pippa and Suzie, Bruno and Leyla (Wigwam Ceramics), Jim Keeling and Tio at Whichford Pottery for their invaluable input. Congratulations to you all and apparently the girls are on for organising another one next year! Thank you so very much to everyone involved.

The Bucket Collection at the end of the **SPORTSMAN'S DINNER** organised by The Shipston Rugby Club raised £312. This was obviously a successful evening listening to Gareth Chilcott, and raising great funds for local charities. Thank you all. The total donated to SHN, following this excellent evening was £912. Many thanks to all at the Dinner and the Rugby Club for their continual support.

THE WHICHFORD MARMALADE FESTIVAL

Organised by Julia Melvin and Sophie Corlett was once again a wonderful event, enjoyed by all the local marmalade makers. Tom Jaine entertained forty plus people with his expertise and wit. The event raised £400 for SHN. I am grateful to all concerned for their continual support and hard work in making this a lovely Spring time event. Many thanks to you all.

The Halford IW, not WI! Amanda Luther kindly gave a talk and demonstration to the Halford IW and asked that a contribution go to Shipston Home Nursing. I received £50 which Amanda suggested Shipston Home Nursing be the lucky recipient. Many thanks to all concerned.

The Croft School generously chose Shipston Home Nursing to be the fortunate recipient of the Christmas Card Sales. Many thanks to Lyndall Thornton who sent a cheque for £760. Your continual support is truly appreciated.

Another extremely successful **THERAPIES DAY** at the beautiful Burmington House with the generous hospitality of Jonathan and Jess. It raised £909, another record. I am so grateful to Jonathan and Jess for opening their home to the thirty supporters who had the most relaxing time with local therapists, consuming home-made superb cakes, biscuits and delicious soup all donated by Jonathan and Jess, a very kind and generous gesture. Also many thanks to all the Therapists who gave their time and expertise. This really is a lovely day for all involved.



The Plough at Stretton-on-Fosse donated a giant Panettone to raise funds for SHN. We ran a "Guess the Weight" competition over a few weeks and raised £150. Many thanks to Steve and Amanda Aubrey who own the Plough for thinking of SHN. Also thanks to Cherington Coffee Morning, Mrs Brown's Tea Rooms, The Natural Health Clinic and The Richard Harvey Collection for running the competition for the Charity. Sylvia and Richard Morris from Stratford-on-Avon guessed the weight of the Panettone by comparing it to the weight of their dog "Bertie" who weighs 10 kilos. Sylvia reckoned it weighed a little bit more! They are currently planning a Panettone party!! It was in fact 10.9kilos. What a lovely tale. Many thanks to everyone who entered the competition.

The Bygate's extra-ordinarily successful Coffee Morning raised £3,050. This was split between The John Radcliffe Brain Tumour Research and SHN. Sharon gave £1,655, we are both so delighted, as were her children Charlie, Issy and George at the wonderful support that was had on the day and raising so much money. Thank you to all who were involved, it was the most special of days.

Angus Chambers from Ilmington hosted a Lent Lunch and asked for donations for SHN. This request raised £130. I am very grateful to Angus and his friends for their support. Angus comments he is **"Happy to support the wonderful work the Charity does"**. Thank you all.

The Ofenheim Charitable Trust has once again chosen SHN to be the fortunate recipient of £3,000. Rory Mcleod from Stourton, as a Trustee, has kindly selected SHN. The Trustees and I are grateful to Rory for his continual support. Many thanks.

Linda Sadleir from Honington kindly opened her home to our supporters for a few ladies to sell their superb quality Designer & Vintage clothes. This raised the marvellous total of £879. Linda gave coffee and biscuits throughout the day to all the ladies who had a fabulous time shopping. Many thanks to Linda for her generous hospitality and donation.

THE VINTAGE & 2ND HAND CLOTHES SALE held in the Spring at the Sheldon Bosley Hub was an enormous success. Raising £1,930. Many thanks to my fantastic helpers Ginnie, Di, Marlyn, Nicola, Debbie, Jane and Jules. All these girls were

brilliant at selling our fantastic clothes and did work really hard to achieve this excellent total! Also thank you to Jackie Vallance for making the most beautiful cup-cakes raising the total of the kitchen profit to £102. I am grateful to all the people who kindly gave so many rails of clothes for us to sell. The eleven SHN rails raised £1,882. Just amazing!

Simon Piggott a valued supporter, who I met at the Strictly Ball 2014, has donated £1,000 from St James Place Foundation. Thank you so much Simon for such a marvellous donation, we are all very grateful for your support.

Jean Frost kindly sent a donation from the USA of £60 in memory of her dear friend Vivian Lillie who lived in Ilmington.

DLW MacFarlane Charitable Trust has thoughtfully donated to the Charity again this year, I received £359. Special thanks to Mary Manville-Hales, plus the Trustees for nominating Shipston Home Nursing.

Kay Sole from Shipston-on-Stour generously donated £210 for sponsorship for our intrepid walkers for the 20 Walks Challenge in April, many thanks Kay for your support.

Mrs Browns Tea Rooms sold £30 of Notelets and Walk books, many thanks to you all.

Jenny Wilson our "In House" artist has sold £70 of her charming notelets. Thank you Jenny for your continual support. I have also received a cheque from Jenny for £300. This is from the sale of notelet's amongst Jenny's friends in Cambridge, and the DMG Roper Charitable Trust. Many thanks to Jenny and Melanie for their generous donation.

WALTON HALL RUN, WALK sponsored by Sheldon Bosley, who donated £500 towards advertising the event. Many thanks to Marcus, James and Sue for their continual generous support. There were 100 entries, and many dogs! Everyone had a lovely morning and many ran it in excellent time. The winners were, Sam Weaving, Ollie Morris and Steph Howles. They were all presented with a rosette by James Walton, who also ran the course! Many thanks to Melanie, Frances and Sarah for helping with registration. Walton Hall were extremely



generous in supplying bottled water and sausage butties. Emma Morris made her delicious banana cake enjoyed by many. Thank you to Gilda and Jamie, and all the marshalls and medics for their time and expertise. Carroll Lymbery raised a marvellous £174 sponsorship. Fiona Robertson-Dunn raised £95 and the Stour Valley FWC a whopping £310 (Belinda, Jenny and Jane who completed the walk). Total raised £1513. Thank you all so much. A successful morning, superb venue and happy supporters. See you there next year!

Donations were received from Mr B Kerby of Newbold-on-Stour, for £295. Our Nurses looked after Mr David Kerby. Many thanks for your support.

In memory of Lyn Hicks who lived in Tysoe. The Methodist Church, The Amateur Dramatic Association and The WI from Tysoe, kindly donated £400. Many thanks to Graham and all the organisations for their continual support.

THE TARTAN FLING 2015

Once again this wonderful Committee have chosen to support SHN & The Warwickshire Air Ambulance following their enormously

successful Tartan Fling. They had a great evening and 200 tickets were sold. I am so grateful to Ginny Kettle, Sophie Hilleary, Hester Sale, Lucy Miesegaes, Caroline O'Kane, Jane Cleave, Kate Campion, Julia Simpson-Orlebar, Fiona Nourse and Jo Simpson for organising this event for the teenagers and sending a cheque for the fantastic total of £1,900. Congratulations, well done and thank you so much.

WELLESBOURNE STREET FAIR

Held in June on a dry but very windy day Fred and I went along to run the tombola bottle stall. My thanks to all the local supermarkets in Shipston, Wellesbourne and Stratford plus Simon Merton, Fosseway Nurseries, for donating bottles, which raised £167.

Jim Gardner who lives in Ettington generously gave another donation to the Charity. This was around the time that our special Nurse, Kate Hardwicke died so suddenly, a shock to us all. Kate looked after Joyce, Jim's wife. They were both so grateful for her dedication and love during that time. Jim gave me a cheque for £200. Many thanks Jim for your continual support.

The Tartan Fling Ginny Kettle

The Townsend Hall in Shipston-on-Stour was the venue for the annual fund-raising reeling party, the Tartan Fling on Saturday April 11th 2015, which raised £1,900 for Shipston Home Nursing and also the same amount for the Warwickshire/Northamptonshire branch of Air Ambulance.

Over 200 teenagers plus some parents danced in the recently refurbished Hall accompanied by reeling party experts, the George Buchanan Band.

A supper provided by the committee and served under the expert supervision of chef and caterer, Hester Sale, was served before the dancing took place to a total of 8 reels including the Gay Gordons and the Dashing White Sergeant. The younger guests who had not reeled before were walked through each dance to ensure they were able to take part and enjoy themselves.

'It is always a happy event with a broad range of age groups getting together to dance - either for the first time - or as older, more seasoned 'Flingers'. It is nice to be involved in organising a fun event that also raises some money for good causes,' said committee Chairman, Ginny Kettle.





Ginnie and Phil Morris kindly donated £30 as they had a group of Vintage Motor Cycle Club members to their home for a get together. They used our urn and thoughtfully organised a collection for SHN. Many thanks to you all.

The Youell Family Fund, Heart of England Community Foundation, generously donated a grant for £1,000. What a wonderful surprise, many thanks for your support.

Paul Kelly who is the Secretary for the Shipston-on-Stour Probus Club kindly sent a donation of £50. This was the fee for a Speaker. The Probus Club commented that **"Shipston Home Nursing was a very deserving Charity"**. Many thanks to you all for your continual support its truly appreciated.

Simon Downer, Nicola's brother, kindly donated £50 to SHN on the first anniversary of his Father's passing. Many thanks Simon for your continual, generous support.

Benedicte Wield and her friends have played Bridge through the winter months and raised £268 for the Charity. Thank you all for your continual support which is really appreciated.

GOLF DAY, TADMARTON HEATH GOLF CLUB

1st Fantastic Fore, 2nd Peter Clarke, 3rd Ladders. Nearest the pin Andy Wilkins, nearest the pin in 2 Will McCoombs. The 10 teams experienced a gorgeous day of warmth and sunshine for their tournament. The catering staff produced a delicious two course buffet, and a raffle and auction took place. Many thanks to Peter Clarke, Stratford-on-Avon for their generous sponsorship. Our grateful thanks to Robert Harper for kindly running the auction. The total raised on the day was £2,459. Thank you all so much for taking part and being so generous during the fund-raising activities.

ARMSCOTE MANOR

Deborah Williams has once again opened her magnificent garden to the Fagus group of gardeners from Bristol. They had a wonderful day, loved the experience of Deborah's garden and donated £480 to the Charity. Many thanks for the generous donation and to Deborah for choosing SHN as the fortunate recipient.

Armscote Gardens were also opened to the

Ilmington Garden Club, who donated £240. Jeff Sainsbury kindly gave a donation of £90.

Melanie Wright held a Watercolour Day in June at Armscote Manor giving the Charity a donation of £40. Thank you.

The Armscote Manor Tennis Tournament raised a terrific £560. Each year Deborah arranges the beautiful weather, gives all the girls a delicious lunch and they have competitive games of tennis! The winners this year were Mary-Jane Barnes and Suzie Coyte. Many thanks to you all for your support and to Deborah for being so hospitable.

Another garden visit raised £280, which included two cheques from Mr Bridges and Mr Wright. Thank you all so much.

Deborah hosted another garden visit to Armscote Manor, for a group of keen gardeners from Austria. They generously gave a donation to SHN for £135. Many thanks to Deborah.

Gloucestershire Garden Landscape Trust visited Armscote Manor Garden and SHN received a donation of £350. **"Dear Deborah, We all enjoyed our visit to Armscote Manor so much. Thank you for your warm welcome and for giving us the privilege of being one of the few groups to see your beautiful garden this year. I was somewhat starstruck to be seeing an actual Dan Pearson design in the flesh and was entranced by the planting within its informal structure. Your head gardener, Gwyn, to whom I have written separately is a fount of knowledge and practical know how. It was kind of you to spare her for the afternoon to show us around."**

Boars Hill Garden Club donated £420 to the Charity after their lovely visit to Armscote Manor.

THE PLANT & PRODUCE SALE was another rip-roaring success! Firstly, and most importantly, enormous thanks to Fudge and Caroline for their hard work, efficiency, time and planning such a brilliant event, raising the most extraordinary total of £5,590. The Produce Stall run by Nicola and Sarah raised £331. The sales of raffle tickets raised £2561. Plants sold £2607 and the kitchen £90. This really is an enormous success and the entire community do support it in one way or another. Bridget Herrtage kindly gave a donation



of £50 in lieu of giving plants, how very generous and thoughtful, thank you Bridget.

The Co-Operative Food, High Street, Shipston-on-Stour have chosen SHN to support for the next 12 months, thank you!

Tabitha James Kraan, Organic Hair Salon, in Stow-on-the-Wold generously donated £255 following an Ultimate Hair Experience with an International Hair Stylist trained at Vidal Sassoon. Many thanks Tabitha for your continual generous support.

Debbie Liggins, a supporter for many years, kindly donated £250 following an 'Affordable Chic' sale at her home. SHN supporters were invited. Many thanks Debbie, obviously a great clothes sale!

Fudge Ramsay held a Garden Tour with lunch for four girlfriends, at her lovely home and spectacular garden. The lucky girls kindly donated £40 to SHN. Many thanks Fudge.

Tania Llewellyn held a very successful shopping day selling her beautiful merchandise at Fudge Ramsays barn. Lots of people came along and purchased either clothes or jewellery from India. The Charity received a donation of 10% of the profit during the day's sales, so I have received £590. Thank you so much Tania and Louisa, for your generous support. I am pleased you had such a brilliant day in such lovely surroundings.

THE SUMMER SHOPPING DAY

Kindly hosted by Sarah and Dobsy Salt raised a fantastic £2,064. Mary, Sarah's neighbour thoughtfully donated £20 for "a really good cause". The sun shone all day and our supporters

20 Walks in Shipston Country Ian McConnel

Sales of this book, in aid of SHN, have continued successfully throughout 2015 necessitating a 2nd reprint of a further 2000 copies, generously donated by Peter Titchmarsh. They are on sale in 35 Inns/Pubs/Hotels in Shipston Country and a further 15 sales outlets such as Surgeries/Village Shops etc. Over 800 copies having been sold during 2015 raising just over £5000.



imcconnelhome@gmail.com or on 07498 923249 (please note my new mobile number)

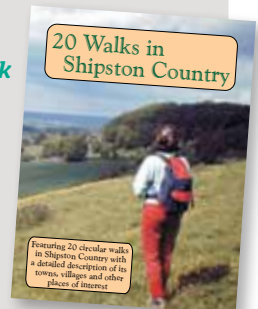
Our outstanding sales outlet for 2015 is the Hook Norton Village Shop who have sold over 50 copies and congratulations and thanks also to The Red Lion at Long Compton and the Ebrington Arms who have both sold over 40 copies.

As an adjunct to the sale of the book, we have been organising regular walks around Shipston Country usually on a Monday or Tuesday - roughly weekly in the Summer and monthly in the Winter. For the Summer walks, we generally meet at 6pm and walk for about 1.5hrs, returning to the pub for refreshments. After the clocks change in the Winter, we meet at 11am returning for drinks etc around 12.30.

All are welcome (and controllable dogs!). Donations to SHN appreciated but voluntary.

Anyone who would like to join our email tree for details of these walks please contact me -

I would like to thank Ian for his hours of dedication, mileage and enthusiasm in raising funds for Shipston Home Nursing, selling this delightful book which the truly generous and inspirational Peter has compiled for us. So much has been raised and so many thousands of books sold. What a story! PLUS Peter and Ian have met each other which is really special.





loved sitting in the Salt's stunningly beautiful garden enjoying the most delicious lunch, created and served by Sarah and Emma. Charlie Underwood came along and served Pimms which was a huge success being as it was a hot English Summer's day. There were lots of new interesting stalls, and all the people who came along had a really great shopping spree! Many thanks to Hellie, Sarah, Suzie, Nicola and Debbie for all their help. Thank you Hilary for kindly making all the delicious home-made biscuits! Once again I would like to thank Sarah and Dobs for their generous hospitality.

GILL WILLIS EDINBURGH MARATHON

What a success. All in support of SHN, our nurses looked after Gill's Mother and Father. The total raised by Gill was £957. Many thanks and congratulations to Gill. *See page 29 for her report.*

Debra Collins who has now retired from Sibford School Sibford Ferris asked for her retirement collection to be donated to SHN. I received a cheque for £53. Many thanks to Debra. I would like to wish her all the best for the future.

Josie Hurst from Tysoe kindly gave a donation to the Charity for £70. Thank you so much.

THE WOLF RUN 2015

A brilliant weekend for the Charity. The sun shone over the two days and my 21 volunteers were outstanding! PLUS they raised £640 from the Wolf Run for their hours worked! 4,000 entrants, 3,000 spectators each day. SHN had their own branded tent and the volunteers worked Saturday and Sunday, running the bag and key drop, and the bouncy castles. Four teams entered the challenge of the WOLF Run and supporting SHN. The Dreamers raised £2,668. (Many thanks to ABSSAC for matching the Dreamers £1,334) Avril Plank and her team raised £400, Brailes Cycling Club raised £474 and Julie Purvin raised £100. Thank you so much for your amazing support. Donations from massages raised £340. Bouncy Castle £847. Bag and key drop £49. The total for these three fundraisers £1,237. The Wolf Run donated £500, bringing the grand total to £6,019. My thanks to David, Nicola, Jess, Fred, Ben and Lottie, Martin, Bertie and friend, Charlie, Simon, Alasdair, Martin, Anneli, Coral, Daryl, Janine, Suzie and Robin for making the weekend so memorable.

Court House, Stretton-on-Fosse. Penny White generously opened her beautiful garden to four Garden Groups, they gave donations and Penny has forwarded these to me. The marvellous total raised was £617. Thank you so much Penny for your continual generous support.

Jon Dougall from Brailes thoughtfully donated £100. Thank you so much, your support is appreciated.

I received a cheque, in memory of the late Mr Eddie Cornet who our nurses looked after. Thank you to Mr Cornet for choosing the Charity to be the fortunate recipient of £129.

John Baylis from Tysoe kindly gave a donation of £10. Many thanks John.

Paddock Farm Butchery Brailes raised £86 from coffee sales during the first two months of business. Many thanks to Nick and Jon for their continual support, we are all delighted your new business is so successful.

Michelle, Rosalind, James and Isabel Boycott from Swalcliffe donated £5,000. Kate Hardwicke and Roberta Matthews were the nurses who looked after Peter Boycott. We are extremely grateful to the Boycott family for their very generous donation. Thank you all so much for your wonderful support.

Cherington, Stourton and Sutton Country Fair & Flower Show was held on a sunny day in August. The Committee and Villagers decided once again they would like to donate half the monies raised from the sales of raffle tickets to SHN. I received a cheque for £685. Thank you so much for your continual wonderful support.

Shipston Natural Health Clinic have kindly sold our wares and raised £30 from the sales of Walk Books and Notelets. Our thanks to Martin and his team, plus all their patients for purchasing our lovely popular wares.

VINTAGE & 2ND HAND CLOTHES SALE

Held at the HUB in Shipston-on-Stour in the Autumn raised £734. Another popular sale, which I was kindly helped at, by Jude, Marlyn, Nicola, Jules, Jane, Sarah, Di and Liz. Many thanks to you all for your selling expertise with the clothes and cakes! I would also like to thank Elizabeth Wall for



her donation, and to all the thoughtful supporters who gave their pieces for us to sell.

Heather Packe kindly sent a donation in memory of her husband, Michael. Our nurses looked after Mr Packe. Thank you for your generous donation of £100.

£20 was received from Trudy Miller, great granddaughter of Marion Day. Trudy raised the money by selling cakes at her school in Bath. Well done Trudy and thank you.

THE ANTIQUES VALUATION DAY with JS Fine Art was held at Whichford Pottery in September. JS Fine Art are situated at Cotefield Auction Rooms, Oxford Road, Banbury. Various supporters brought along their interesting items and the day raised £98. Many thanks to Simon Davies for once again being such a terrific supporter of the Charity.

THE STRATFORD 10K RUN was a terrific success on a beautiful sunny morning. There were over 900 entrants and the Tempo Events team donated £305 to the Charity. Lodders raised £2,000 from their sponsorship which is absolutely brilliant. I am truly grateful to Lodders for being so pro-active in raising such marvellous funds for SHN. I am looking forward to working with Tempo again next year. Many thanks to all my volunteer marshalls who rolled out of bed early on a Sunday morning in September to help out! You were all excellent and as always I do appreciate your efficiency and continual support.

Margaret Sherwood an avid supporter over many years has once again kindly donated £100, having sold her delicious marmalade to her friends. Thank you Margaret for your support.

Mrs Joan Parnell from Shipston-on-Stour kindly sent a letter to me with £100 donation following our nurses looking after her husband. ***"Tenclose a cheque for Shipston Home Nursing in appreciation of the help, kindness and professionalism of your nurses, especially Roberta in the care of my husband Alan in his last days"***. Thank you Mrs Parnell for your kind words and donation.

BAKEATHON AND SHIPSTON FOOD FESTIVAL
Raised the grand total of £684. Thank you Tony Hardwicke for your generous donation of £50

towards the successful week-end. Many thanks to Jodie and Emma for their enormous dedication to working tirelessly, baking all Saturday, for the delicious cakes, biscuits, crumbles, brownies and endless more which were to be sold at the Shipston Food Festival on Sunday. What a great idea and what a very special couple of girls, thank you both so very much. Also thanks to the helpers on Sunday running the stall and all the other contributions of food that were given to sell. Another successful weekend for the Charity.

The Dumbreck Charity has generously donated £3,000 to the Charity. Thank you so very much, this is an enormous help towards our fundraising. Many thanks to Judith Melling a Trustee of the Dumbreck Charity for her input with this process.

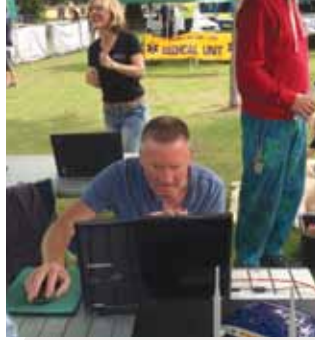
Friendship Estates Ltd sent a cheque for £108. This is due to local gardeners giving their Yew Clippings (payment is paid at 35p per kilo) to this organisation, in order that they can do research into cancer. Many thanks to the group from Alderminster, with Yew hedges, for their support. We do appreciate it.

Winderton Church organised a concert in the Autumn at their Harvest Festival service and raised a total of £152. Many thanks to the Trustees of Compton Wynyates Church, for thinking of SHN to be the fortunate recipient of what was clearly a lovely evening.

The Kineton Regent Club kindly gave a donation of £200 ***"to assist in their valuable work for the local community."*** The money was raised at the annual charity lecture-lunch. Our grateful thanks to you all for your continual support.

Whichford Flower Show was a very wet day last August Bank Holiday. Donations were received from the Cook's and Gardiner's totalling £106, plus a cheque for £250 making the final total £356. Many thanks to you all for your support.

The Rotary Club of Shipston-on-Stour once again have generously supported the Charity and donated £250. Janet and I went along to a lovely presentation evening at the Townsend Hall to receive the donation and give a short talk on the workings of SHN. We were given a delicious dinner, our first mince pie of the season and enjoyed meeting other organisations. A thoroughly enjoyable evening that we were



privileged to be part of. Many thanks to all the Rotarians for their hard work raising so much for so many local Charities, truly commendable. Plus a lovely meal and evening.

A donation of £40 was kindly given to me by Peter Crook whose Father our nurses looked after. Thank you for your support.

The Annual Bridge Drive which Maki Sutton and Alan Lamb kindly organised at Bourton-on-the-Hill, The North Cotswold Bridge Club was once again an enormous success. Many thanks to Maki and Alan and their supporters for raising £420. SHN are really grateful for your continual support. I hope you had a brilliant afternoon of cards and no doubt a delicious tea!

COUNTRY CAR BOOT

A gorgeous early morning, greeted our fifty-seven booter's who were busy from the start, with the public also arriving early. In total a fantastic £1,600 was raised on the day. Thank you to all the volunteers and helpers for making the event run so smoothly. A great success.

Thank you Alison Henderson for your feed-back ***"This was a superb boot sale. It had all the right ingredients: fantastic location, plenty of pitch space per booter, charming people to see you in and out, and decent footfall all day long. If I ever do a boot sale again, it will be here!"***

Our next Country Car Boot will be in 2017. Thank you everyone for your support.

THE DESIGNER SALE at Darlingscott Farm was another wonderful event for all concerned. £1,795 was raised for SHN. Christina Williams kindly gave a donation of £25 to the cause, thank you. Rosie, Jane and Zena joined us at the Sargent's home in Darlingscott to sell some beautiful pieces from Moda Rosa in Alresford, Rosie generously donated £1,250 from sales. Angela and Squeaky joined us with jewellery and nightwear plus Nicola kindly helped over the two days. Another successful event. Thanks to Maggie and John for their enormous hospitality.

THE CHRISTMAS GIFT FAIR at the Townsend Hall in Shipton-on-Stour was a special two days. The feedback from our supporters was a truly positive one regarding the return of the event to the Townsend Hall. I would like to thank all the volunteers who helped over the two days either in the kitchen, or running the raffle, on the door

or selling our SHN wares. Thank you to the girls who made soup and home-made biscuits and cakes. The kitchen raised a fantastic amount. You were all brilliant and you will be delighted to know that the event raised a grand total of £6,893. Thanks to Percy, Jeremy and Fred for their manual expertise! Jill Perrin kindly gave a donation of £25, thank you Jill. The biggest thanks goes to all who came along and enjoyed the stalls and atmosphere, knowing that they were helping towards fundraise for an excellent Charity in the community. See you in 2016 at the same venue.

The Treasurer of the Stour Valley WI kindly sent a donation of £100 to the Charity due to their closing the group. Many thanks for your donation and all the best to you all for the future.

Badger House, Shipston High School have raised £92. This was organised by students Tristan Hoff and Lottie Petty. They held a computer competition during lunch time for the students. Many thanks to all the students who joined in and for the donation, well done!

Betty Holden from Tredington kindly sold our wares at the Tredington Christmas Sale, raising £71. Thank you so much Betty for thinking of SHN and having a successful afternoon with our Christmas Cards etc.

Paddock Farm Butchers in Brailes thoughtfully held a raffle for SHN at their tasting evening in November. Nick and John have donated £284 from the successful raffle. Many thanks to you all for your support.

Wellesbourne Christmas lights switch on was a wet and windy evening. Nicola and Jayne Scandrett kindly braved the elements running the stall, raising £97. My enormous thanks to Nicola and Jayne plus the following businesses for the donation of so many bottles: Waitrose, Sheldon's Fine Wines, Talton Mill, Tesco Stratford, Budgens Moreton, The Co-Operative Shipston, The Heart of England Co-Operative Wellesbourne, and the Mid-Counties Co-Op Shipston, Jeremy Wiggin and Nicola Loades.

Mr Clackson kindly sent in a donation of £10 in memory of Mr A. Parnell.

I have received £565 in memory of Deirdre Thompson, who lived in Great Wolford. Our



nurses looked after Deirdre for the last few weeks of her life in her home always surrounded by her family. Deirdre enjoyed sewing, and had many bobbins and other lace accessories. Laurie, her husband has sold these and donated £400 to the Charity.

Mr Michael Appleton from Tysoe kindly sent a donation of £50. Many thanks for your continual support which is appreciated.

Philip and Liz Wragg have started 2016 off with fundraising and donated £100, many thanks. Philip kindly comments ***"Well done for another fantastic fund-raising year"***

THE CHRISTMAS FAIR AT HOME

Organised by Caroline, James and Victoria Stockton at the beginning of December. This lovely event was organised at Roger and Liz Maycock's lovely home in Stourton. Liz and Roger were so generous in their hospitality and opening their home to raise funds for SHN. There were many stalls. Mulled wine and mince-pies were served all day. £435 was raised. Thank you to the Stockton family and a special thanks to the Maycock's.

CHRISTMAS CARDS 2015

My attic was rather full with our lovely Christmas Cards from previous years. So this year it was decided that we would reduce the cost of a pack and see if we could sell them all. You will be pleased to know that was achieved and the total raised was £1,569. My enormous thanks to the following businesses plus individuals who raised this money and therefore helped the Charity fundraise. Margaret Sherwood, The Medical Centre Shipston-on-Stour, Hastings House Wellesbourne, Sue Fisher Kineton, The Natural Health Clinic Shipston-on-Stour, Mrs Browns Tea Rooms Shipston-on-Stour, Jacques Barn Bring and Buy Stourton and Gillian Grason-Smith from Carers4Carers Kineton.

Mr Hilliam generously donated £250 in memory of Ian McPherson, who our nurses looked after in 2012. Many thanks for thinking of SHN at Christmas time.

Richard Mawle from Great Wolford kindly gave a donation at Christmas time of £30, thank you for thinking of the Charity.

A Bring and Buy held at Jacques Barn in Stourton before Christmas. This raised £160 for the Charity selling our SHN wares, many thanks to all concerned.

Eileen Rollason celebrated her special birthday by having a lovely party in Tredington. In lieu of gifts, her friends were asked to donate to the Charity, which raised £170. Many thanks Eileen for your generous gesture, I am so pleased you had a wonderful party. Thanks to your friends for their support also.

Sue Hart from Tysoe kindly sent in her New Year donation of £150. Many thanks Sue for your continual, generous support.

Mr David Hughes who lived in Sibford Ferris, was looked after by our wonderful team of nurses, prior to Christmas. Mrs Hughes thoughtfully requested donations given at the funeral, go to the Charity. £675 was received, many thanks to all concerned for your support.

Jane Hobbs from Little Wolford kindly donated £50 to the Charity, many thanks Jane for your continual generous support.

Enormous thanks to Lyndall Thornton, Principal at The Croft School for the generous donation of £372.

Thank you to Hilary Bryan who kindly loans all her china, kitchen wares and cutlery for many events FOC. This all helps to make our profits greater. Many thanks Hilary.

Thank you to Emma Morris who through the year has donated many lovely cakes, biscuits and mince pies FOC for lots of different events. Your support and generosity is truly appreciated.

Rebecca Mawle
Shipston Home Nursing
Fundraising Coordinator
rebecca@shn-fundraising.co.uk
01608 674929
Lower Farm Barn, Great Wolford,
Shipston-on-Stour CV36 5NQ

Letter Michelle, Rosalind, James and Isobel Boycott

August 7th 2015

Dear Rebecca

I am glad that I have been able to finally catch up with you today on the telephone and say how sad it was to hear about Kate Hardwicke.

As I mentioned to you, she was a wonderful support to me and the children towards the final stages of Peter's illness and it was tremendous comfort for me to know that I could call her at any time of the day or night.

As a result of this support, Peter was able to remain at home which is what we had all wished would be possible. Roberta Matthews was also a wonderful person to have here at home, when she came on several occasions either to allow me to catch up on a good night's sleep or give me a break during the day.

They were both very caring to Peter and enjoyed his witty rapport.

I am enclosing a cheque which I hope will be helpful towards any specific area of the invaluable work that you all carry out in the community and which is greatly appreciated.

If there is anything else I can help with in the future, please let me know.

With our very best wishes to you all.

Shipston under 9s football team in new SHN kit

Sharon Bygate thoughtfully sponsored the football shirts for the under 9s team with the Shipston Home Nursing logo. The team is run by football coach, Matt Gibbins (Sharon's brother) and George Bygate is in the team! - Many thanks Sharon for thinking of us and helping to raise the profile of Shipston Home Nursing among the younger generations.



2015 was a year of great change and some sadness at Shipston Home Nursing.

The sudden death of Kate Hardwicke, one of the key members of our nursing team, in June 2015 was a big blow to the Charity and its patients. As an organisation, we have begun to build again a nursing resource fit for our primary purpose and the future to serve the patients who choose to access our service in Shipston, Wellesbourne, Kineton and surrounding areas. Currently, we are advertising for extra nurses and coordinators to support our aim of providing a comprehensive service throughout the year.

Fundraising and publicity have continued to thrive even in difficult economic circumstances and we remain extremely grateful for all the support we receive from our local communities. In addition, welcome financial support from the NHS is now regularly claimed based on activity projections.

The Charity itself has nearly completed conversion to a CIO and grateful thanks must go to James Little in his role as secretary to help



deliver this important project for the future, just ahead of his formal retirement in late 2015 - James has been a founder Trustee since SHN's inception in 1997.

Updates on the website will be forthcoming about the ongoing management arrangements for the Charity. In short, with the increased burden of administration tasks needed for a service looking to expand its remit to include ancillary benefits such as bereavement counselling and support, a part time administrator has been appointed to work in the nursing hub recently

opened on The Ellen Badger Hospital site. This welcome facility adjacent to the District Nursing service for South Warwickshire will allow increased collaboration between the two nursing teams.

To help support the nursing workforce ably led by Janet Oakey, the Trustees have recently convened a 4 strong Management Committee to guide and determine strategic and operational priorities.

The prime aim of the Charity remains to provide responsive and compassionate nursing care and support to those patients who wish to remain at home, with their loved ones, as they approach the end of their lives.

Your ongoing support for Shipston Home Nursing is much appreciated.

Dr Clive Irwin
Chairman

Edinburgh Marathon 2015 Gill O'Donnell

A marathon in May, in Edinburgh, good idea I thought! Little did I know that I would face torrential rain, hail storms and gale force winds! However, on 31st May last year, I completed my second marathon and raised £957 for Shipston Home Nursing. It was remembering the incredible care and support given to all of my family throughout my parent's illness that spurred me on and gave me the determination to complete the countless miles of training and for every step of those 26.2 miles on that day. Fourteen years have passed since I lost my Dad and ten for Mum but the memories of the kindness and compassion shown will never fade. I hope that the money raised has helped towards the continuation of this amazing Charity.

An upgraded apartment with a Jacuzzi bath was my reward, easing the aching muscles, and leaving me with a great sense of achievement.



Thank you James Rebecca Mawle

James Little has been on the board of Trustees since Shipston Home Nursing's conception in 1997. He was also the Secretary of the board of Trustees. His commitment, tireless enthusiasm and hard work for 18 years has been extraordinary. Last Autumn there was a "Thank-you party" for James at Sheldon's Wine Cellars. We had a lovely evening with past Chairmen, Nurses and Trustees and of course the small fundraising team topped up with a delicious dinner.

Thank you James so very much, it was a pleasure and always lovely to work with you. You will be missed!



Simulated Game Day at Foxcote Estate

Max Kendry, Regional Organiser for the Game & Wildlife Conservation Trust, approached me to see if we could work together organising an event to raise funds for the GWCT and Shipston Home Nursing. Foxcote Estate agreed to host the event, a date was organised, and then Max and I set to work on making this day special for all our supporters.

This successful, sunny day took place at Redlands Barn, Foxcote Estate on Friday June 5th 2015. A superb venue, with a beautiful marquee attached to the barn, for a delicious two course dinner served by Adrian Roberts, Four Leaf Clover.

Carter Jonas, Macfarlanes, William Powell and Lycetts sponsored the event. Our enormous thanks for their generous support. The shooting was organised and run by Honesberie Shooting School. Thirty four teams had the most fantastic time shooting, in superb surroundings, on a perfect Summers day.

Jasper Feilding auctioned 19 lots raising £9,405. My enormous thanks to everyone who gave such brilliant prizes and the very enthusiastic bidders.

I would like to thank the following for their help in making this event such an excellent day for the two Charity's:

Carter Jonas, Macfarlanes, William Powell, Lycetts, Jasper Feilding, Nigel Elcomb, Ross Kent, Rob Wheal Photography, James Bell, Unity Tredington, Paul Gardiner, Mantis Hotels, Mckinley Vintners, Hunter Boot Ltd, Freestyle 360 and all the company's who advertised in the programme plus, The Gun Belt Raffle: Hook Norton Brewery, Rimells, The Cotswold Tailor, E H Spencer, The Loquens Gallery and John Frazier.

The total raised, which was divided between GWCT and Shipston Home Nursing was an incredible £17,564.

We hope to replicate this event another year.

Many thanks to everyone involved.



Carter Jonas

WILLIAM POWELL
since 1802

MACFARLANES

Lycetts



A long walk to Shipston-on-Stour

My friend Martin Foster sent me an email in January 2015 asking if I would be interested in joining him on a challenge to complete all the walks in Peter Titchmarsh's book "20 Walks in Shipston Country". Perhaps he has slipped on the ice and bumped his head to come up with this mad idea, but I thought it best to humour him and agreed to have a go at the challenge, thinking he would come to his senses when the swelling went down. But it soon became clear he was serious about this "Adventure" and we began to make detailed plans. Martin told me the total distance for all the walks was about 106 miles, with a similar distance involved in driving between walks, as they are spread widely around the district. Peter's book starts and finishes each walk at a pub, but we couldn't follow that rule with our combined routes.

In the early stages of planning, we hadn't looked for any driving support and it was becoming a looming problem. That's when Ian McConnel came to our rescue and generously offered his services, which solved all the outstanding problems of transport and refreshment support. We then became a team, with an obtainable objective, a viable plan of action, and the necessary resources to complete the task. Ian took on the Logistics, Martin the Social contacts, and I took on route planning and Navigation.

Someone asked me if I'd done anything like this before. Well thirty years ago we would have run the whole distance virtually nonstop in one day, as I have done in the past in the Lake District. But as we are now a bit older we decided to split the 106 miles into three parts, day one 40 miles, day two 38 miles and day three 28 miles.

Ian then contacted Rebecca at Shipston Home Nursing and gave her our itinerary. Rebecca and Debbie started the fund raising publicity for the Challenge. With photos taken and articles in the local press I realised



we had passed the point of no return. There would be no going back now on our commitments to Shipston Home Nursing and the sponsors, they would want action, not just words.

On Friday 10th April, I was up at 3am, had breakfast, packed my gear and was ready for Ian when he arrived at 4:30am. We drove round to collect Martin, but it took a lot of door knocking to get him out. These

youngsters like their beds!

I won't go into all the details of each walk, as it would become a long list of places visited, but I would like to thank all those who turned out to meet and to walk with us. As we began the climb of Brailes Hill from Cherington, I overtook a couple and gave them a curt "hello" as I passed. But Martin engaged them in conversation and was given a £10 donation to Shipston Home Nursing, so it pays to be friendly!

Martin is a very easy going, laid back, very gentle man, an ideal companion on this type of journey. He is also a lot younger than me, about the same age as my eldest son,



so I tended to boss him a bit at times, as one does with youngsters.

Throughout the walk, I carried a GPS tracker device, which reported our position at one-minute intervals. This allowed Ian, or anyone else with an iPad or tablet, to monitor our progress. Ian made good use of this information to prepare for our arrival at the scheduled rendezvous points. The recorded route information also gives a minute by minute trail of our walk to demonstrate we have covered every inch of all 20 walks.

Throughout our walk, Ian gave us superb support, always ready and waiting for us at each scheduled meeting point. I began to look for him with anticipation as we approached the venues. His presence helping to confirm we were in the right place, sometimes after a few hours of hard walking. We could not have completed this challenge in the time we achieved without Ian's dedicated support, so thank you Ian; you were the central part of our team, the vital link between Martin, Rebecca and I. Those who were in the Horseshoe pub at the finish may recall that I made the mistake of calling Ian "Peter". That's because after Peter moved to live in Kent, Ian took over

the promotion of the 20 Walks book, and he almost became Peter in my mind, with the wrong name popping out to embarrass me when I was tired. In many respects, Ian is Peter as far as publicising and distributing the book around the district is concerned.

Thank you Martin for inviting me to join you on this challenge, but next year please make sure you don't bang your head!! Thanks also to all our sponsors, and to Baggy, Landlord of the Horseshoe, who provided some free beer for our reception party on Sunday evening. I think Ian, Martin and I have helped to raise over £1,000 for Shipston Home Nursing, not a bad reward for a long walk to Shipston. The total raised from Justgiving alone was £817, thirty three donations!

Mike Langrish

Congratulations to these three amazing gentlemen. This account of the three day expedition is wonderful reading and I am extremely grateful to Martin, Mike and Ian for dedicating so much to raise £1,000 for Shipston Home Nursing.

Thank you all so very much!

Treasurer's report Christopher Owen

We are now in our nineteenth year of providing free nursing for the terminally ill at home in Wellesbourne, Kinton and Shipston on Stour area in the South Warwickshire area.

We managed to cover our costs for the financial year ended 30 June 2015, and made a surplus of £ 67,811.

We received £ 56,781 mainly from South Warwickshire Primary Health Care Trust for the continuing care by our nurses of NHS patients leaving hospital and referred to SHN.

Fundraising events contributed £ 118,692. We have adequate reserves to cover operating costs in the short term invested in COIF Charity Funds.

We need £ 220,000 this financial year to 30 June 2016 to cover our outgoings.

Developments

Our fundraising team continue to attract support from businesses in the area and welcome any leads in



this respect.

We have leased dedicated office premises as an administrative base for use by an administrator and for nurses to meet, close to the District Nursing team in the Ellen Badger Hospital.

As service review is being undertaken by the Trustees to improve and expand the service on offer.

The dedicated experienced professional team of Trustees, Nurses and Fundraisers are continuing working hard to ensure the longer term success of the service.

I would urge supporters of Shipston Home Nursing to consider making provision in their wills in favour of the Charity and life time gifts of shares, property etc, and if assistance is needed I am on hand for guidance.

Keep up the good work and thanks for your support and your continuing efforts.

Any ideas for Trust, legacy and other income or comments please ring Chris Owen, Treasurer on 01608 685095 or email ci.owen01@gmail.com

Plant and Home Produce Sale

Plants & Produce Wanted Please

Saturday 14th May, 10am - 12noon

FREE ENTRY

Sheldon Bosley Hub, Shipston-on-Stour CV36 4DQ

Plants (including vegetable plants), Jams, Chutneys, Cakes, Biscuits, Marmalades, Pickles, Pies, Garden Produce etc.

Delivery of plants and produce to Sheldon Bosley Hub from 12 noon onwards, Friday 13th May or call Nicola on 01926 651453 for prior collection.

For more information please call Fudge Ramsay 01608 680000 or Caroline Gunn 01608 663508



Who can receive the service provided by Shipston Home Nursing?

The service is available to those living within areas marked on this map



Any ideas for Trust, legacy and other income or comments please ring Chris Owen, Treasurer on 01608 685095 or email ci.owen01@gmail.com

Shipston Home Nursing 20th Anniversary Ball

2017 is our 20th Anniversary. We are going to celebrate our wonderful service by organising a Ball to remember in 2017!

As soon as a venue and date has been confirmed I will inform you all.

Thank you for your continual support.



Whichford's Annual Marmalade Festival

Saturday March 5th

10.30am in St Michael's Church £5 entry

In support of Shipston Home Nursing
and St Michael's Church

with

Geraldene Holt

Iconic Cookery Writer

To enter the Marmalade Competition,
bring 1 pot of marmalade to St Michael's
on Thursday 3rd March: 2.30 - 4.30pm

01608 684369: Sophia Corlett

01608 684019: Julia Melvin

Shipston Home Nursing Golf Day 2016

At Tadmarton Heath Golf Club
Friday 2nd September
Tee off from 8am

- **Coffee and Bacon Rolls are available to purchase from 8am**
- **18 hole Stableford Competition**
- **2 Course Buffet**
- **Auction**
- **Prize giving**

Sponsored by



**TECHNIQUE
PRINTGROUP**

Please contact Rebecca on
01608 674929 or email
rebecca@shn-fundraising.co.uk
to register your team



Base Camp Adventure Amalia Knight

I was lucky to have had the chance to visit Nepal before the earthquake, and saw some of its historical sites before they were lost forever.

I don't know what I was expecting, but I was certainly speechless when our group of seven friends, after an eight hour flight to New Delhi, stepped out into an utter melee of people, cars, scooters, bicycles, animals and above all, dust.

In truth, all the city's wonders were just a preamble for the trek to the Everest Base Camp.

At Lukla, we met the Sherpa crew and, after spending some time organising our packs we took the first steps along the trail that the Dalai Lama called "the steps to heaven." I think that from this moment on I just couldn't stop grinning.

We kept on going up and down following the Dudh Kosi River. We climbed through pine forests, past stone walls to Tengboche monastery. Here we understood how limited the resources are at altitude and how hard it is to obtain even the most basic goods like heating material, namely yak dung. Nothing is wasted. For example the fire is not lit until the sun sets. When we wanted it lit earlier, because we were cold, we were kindly recommended to sit near the window, in the sunlight. No concessions made!

Actually, Everest Base Camp is not one specific site. Various expeditions have selected different locations as their semi-permanent camp and final staging area for their assault on Everest. The trek to Everest Base Camp is not as remarkable as the ascent of Kala Pathar as it does not provide a view of Everest itself.



Instead the feeling of accomplishment in visiting the base camp for the tallest mountain on earth is exhilarating.



There is no short way to express the joy this journey brought to me and there are a million things and feelings that I have left untold.

I would like to say thank you to all the people that supported me in this endeavour, starting with my dear friend Soraya Neill, and TSS Security, who made it all happen, and by covering all

costs which allowed me to be able to donate all the sponsorship funds to Shipston Home Nursing.

Also a big thank you to all my local friends who so generously donated money supporting such a good charity as Shipston Home Nursing is.

I think the most important thank you should go to my husband Tony, who stood beside me and supported me morally and financially throughout the whole time.



Complementary Therapies Day



Saturday 19th March - 10:30am - 4:30pm

The Butts, Cherington CV36 5HZ

Three sessions for £25

With thanks to John and Beverley Beaumont

Break free from the patterns that bind you with Mindfulness Based Approaches

Therapies that may be available include:

Acupuncture, Hypnotherapy, Bowen Technique, Emotional Freedom Technique EFT, Dru Yoga/Relaxation, Reflexology, Body Massage, Indian Head Massage and "True Life Conversations". Deep tissue sports massage, Nutrition, Neals Yard, Mindfulness.

Contact Rebecca on 01608 674929 to book your treatments



Sponsored by



Spring run, jog or walk at Walton Hall



Sunday 17th April - 10am

Walton Hall, Wellesbourne, CV35 9HU

£5 Adult, £3 Child

Set in the beautiful 65 acre grounds of Walton Hall Hotel by kind permission of Walton Hall and Sir Andrew Hamilton. The course is designed for all abilities. Why not bring a few friends from work and run as a team?

10am for a 10.30am start. Dogs welcome but on a lead please.

Refreshments and hot dogs available. Help raise even more money for the Charity and download a sponsor form from our website.

For more information please call Gilda Gardner on 01789 740083 or 07970 177951 or Rebecca Mawle on 01608 674929

CHRISTMAS GIFT FAIR

Tuesday 15th November 6pm to 9pm

Wednesday 16th November 9.30am to 3.30pm

Entry £4 includes home made biscuit and coffee

The Townsend Hall, Sheep Street Shipston on Stour CV36 4AE



You can make a difference



There are many ways to support Shipston Home Nursing. Please complete the form below and return to:

Chris Owen, Shipston Home Nursing, Wheelwright Cottage, Cherington, Shipston-on-Stour, Warwickshire CV36 5HS. Tel: **01608 685095**

- Make a difference right away by making a one-off donation
- Sign-up for a direct debit and support us monthly - please send me details
- Through your company, including sponsorship, cause-related marketing and one-off donations
- Through you or your child's school - please contact me

You can also help us through:

- Legacies, in memoriam and angel funds - please contact me
- Trusts - please contact me
- Your own events or activities - please contact Rebecca
- Share-giving - please contact me

NAME

ADDRESS

POSTCODE

TEL NO.

EMAIL

I would like to make a donation to Shipston Home Nursing of £ Please find enclosed a cheque made payable to **Shipston Home Nursing**

- I wish this donation to be anonymous

Gift Aid Declaration

Using Gift Aid means that for every pound you give, we get an extra 28 pence from the Inland Revenue, helping your donation go further, and it doesn't cost you a thing.

SIGNATURE

DATE

I declare that I am a taxpayer and I want the Charity to treat my donation of £ which I made on the / / (date of cheque) and any future donations I make as Gift Aid donations.

I understand the requirement is that I must pay an amount of income tax or capital gains tax at least equal to the tax deemed to have been deducted from this donation.

- I would like Shipston Home Nursing to claim the tax back on this donation

Calendar of events 2016

Empty Bowls @ Whichford

Saturday 20th February, 12- 4pm
Straw Kitchen Café, Whichford
Pottery, CV36 5PG
Cost £20 per person. A unique opportunity to purchase a handmade bowl by local and nationwide potters. Home-made soup & Artisan bread available.
Pippa Brook: 07778 845318

Whichford's Marmalade Festival

Saturday 5th March, 10.30am
St Michaels Church, £5 entry
For more information please call
Sophie Corlett 01608 684 369

Wyatts Plant Sale

Saturday 5th March, 9am - 5pm
Wyatts Garden Centre
20% of all plant sale receipts go to Shipston Home Nursing.
Hill Barn Farm, Great Rollright
Chipping Norton OX7 5SH

Vintage & 2nd Hand Clothes Sale

Saturday 12th March
9.30am - 11.30am
Sheldon Bosley Hub, CV36 4DQ
£20 per table to sell

Therapies Day

Saturday 19th March
10.30 - 4.30pm,
Kindly hosted by John & Beverley Beaumont
The Butts, Cherington,
Cost for 3 sessions £25

Spring Run, Jog or Walk

Sunday 17th April, 10am
Walton Hall. Sponsored by
Sheldon Bosley Estate Agents
Please call Gilda Gardner
01789 740083 or 07970 177951

London Marathon

Sunday 24th April
Support Cath Daley running in
memory of Andrew Bygate.
See page 4 for details

Fashion Show - Domino & Dice

Thursday 28th April, 7pm
Town Hall, Stratford upon Avon
£20 per ticket includes glass of
fizz and canapé

Plant & Home Produce Sale

Saturday 14th May
10am - 12noon - Free Entry
Sheldon Bosley Hub,
Shipston-on-Stour CV36 4DQ
See page 34 for details

Bottle Stall at Wellesbourne Street Fayre

Saturday 11th June
Wellesbourne Street Fayre
If you would like to donate
bottles please contact Rebecca

London 2 Cambridge Challenge

Saturday 2nd & 3rd July
100k-60miles
Peter Creek & Ken Francois from
Sheldon's Wine Cellars Shipston-
on-Stour are entering for SHN
See website to sponsor

Golf Day

Friday 2nd September, 8am
Tadmarton Heath Golf Club.
Kindly sponsored by
Technique Print Group Ltd
See page 32 for details

Wolf Run

Supporting SHN again!
Saturday 3rd & Sunday 4th
September
Welsh Road Farm, Offchurch
Enter a team to support SHN or
volunteer to work either day.
info@thewolfrun.com

Stratford 10K Run

Sunday 11th September
9.30am start. For more
information please go to
www.tempoevents.co.uk
In association with Loddors
Solicitors LLP

National Garden Scheme - Open Gardens

Sunday 11th September
Burmington House
Kindly hosted by Patrick &
Fudge Ramsay
Teas served by SHN

Bakeathon

Saturday 17th September,
9am - 9pm
Join Emma & Jodie. All produce
to be sold at the Shipston
Food Festival on Sunday 18th
September.
For more information contact
Jodie Wright on 07835 425 244
or at ntyujwl@hotmail.com or
Emma Morris on 07853 441687

Shipston Food Festival

Sunday 18th September,
10am - 4pm
Shipston-on-Stour
Market Square

Designer Pop-up Shop

Thursday 3rd, 6pm - 8.30pm &
Friday 4th November, 9am - 6pm
Darlingscott Farm
Kindly hosted by John and
Maggie Sargent.
Don't miss this annual sale of
fabulous designer clothes and
accessories
Donation of £5 entry

Christmas Gift Fair

Tuesday 15th November
6pm - 9pm & Wednesday 16th
9.30am - 3.30pm
Townsend Hall,
Shipston on Stour
£4 Entry includes coffee &
biscuit

Carice Singers, Christmas Carol Concert

Saturday 17th December, 7pm
St Edmunds Church,
Shipston on Stour CV36 4ED

For information on any of these events please contact Rebecca Mawle
on 01608 674929 or email rebecca@shn-fundraising.co.uk unless otherwise stated